

GREENE COUNTY COUNCIL ON AGING: 2021 COMMUNITY SURVEY FINDINGS

*May 2022**

Sara J. McLaughlin



SCRIPPS GERONTOLOGY CENTER

*Revised 1/10/2023. See Appendix C for revision details.



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The items included in the survey were informed by scientific literature and many were derived/adapted from existing surveys. This includes the AARP Community Survey (<https://www.aarp.org/livable-communities/info-2014/aarp-community-survey-questionnaire.html>); the AARP 2018 Home and Community Preferences Survey (<https://www.aarp.org/research/topics/community/info-2018/2018-home-community-preference.html>); the American Community Survey (<https://www.census.gov/programs-surveys/acs>); the Health and Retirement Study (<https://hrs.isr.umich.edu/about>); the World Health Organization's WHOQOL-100 (<https://www.who.int/tools/whoqol/whoqol-100>); and scholarly work by A. Brunt, J. Strommen & C. Stangl (<https://doi.org/10.1080/01924788.2019.1581025>); C. Casteel, M. Nocera & C.W. Runyan (<https://doi.org/10.1080/01924788.2013.784853>); N. Krause (<https://doi.org/10.1037/0882-7974.22.3.456>; <https://doi.org/10.1093/geronb/52b.6.p284>); E. E. MaloneBeach & K. L. Langeland (<https://doi.org/10.1080/01634372.2010.524283>); M. Pardasani (<https://doi.org/10.1080/03601277.2019.1583407>); M. Pardasani & P. Thompson (<https://doi.org/10.1177/0733464810380545>); A. A. Sterns, H. L. Sterns, & A. Walter (<https://doi.org/10.3390/ijerph17239103>); and J. E. Ware & C. D. Sherbourne (<https://doi.org/10.1097/00005650-199206000-00002>).

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BACKGROUND

To gain a better understanding of the needs and interests of older Greene County residents, the Greene County Council on Aging partnered with the Scripps Gerontology Center at Miami University to conduct a mail survey of older Greene County residents. The information gathered will be used to inform initiatives aimed at improving the lives of older residents of Greene County. Findings will be shared with area senior centers, Greene County Parks & Trails and other park and recreation entities, the Greene County Library, Greene CATs, Miami Valley Regional Planning Commission, and leadership within the various Greene County municipalities.

METHODOLOGY

Sample

The May 1, 2021 voter file for Greene County was retrieved from the Ohio Secretary of State Voter Files Download Page (<https://www6.ohiosos.gov/ords/f?p=111:1>). This file served as the sampling frame and was used to select a stratified random sample of Greene County residents age 60 years and over (n = 3,036).

After removing those who were not age-eligible, the sampling frame was divided into eight age (60-69 years, 70+ years) and geographic (Bath Township, Beavercreek Township, Xenia City, Other cities and townships) strata. The selected sample size for each stratum was as follows:

- (1) Bath Township, Age 60-69: n= 377
- (2) Bath Township, Age 70+: n = 376
- (3) Beavercreek Township, Age 60-69: n = 388
- (4) Beavercreek Township, Age 70+: n = 385;
- (5) Xenia City, Age 60-69: n = 367
- (6) Xenia City, Age 70+: n = 373
- (7) Other cities and townships, Age 60-69: n = 387
- (8) Other cities and townships, Age 70+: n = 383

Other cities and townships included Sugarcreek Township, Cedarville Township, Miami Township, Silvercreek Township, Spring Valley Township, New Jasper Township, Jefferson Township, Caesarscreek Township, Ross Township, Xenia Township, Kettering City, and Bellbrook City.

Survey Administration

In June 2021, all selected individuals were mailed a 77-question survey inquiring about their community, needs, and interests. As part of the data collection process, all sampled individuals were mailed a thank you reminder card approximately one week

after the initial survey was mailed. Individuals who did not respond to the initial survey and reminder postcard were sent a replacement survey packet in August 2021, followed by a final postcard reminder.

A total of 53 individuals were determined to have moved out of Greene County and eight individuals had died. From the remaining 2,975 individuals, we received a total of 1007 usable surveys for a response rate of 33.8%.

Upon receipt at Miami University, surveys were scanned using SnapSurveys software. After processing and coding the data in SAS, IVEware was used to multiply impute missing values and conduct all data analysis.

Data Analysis and Reporting

To account for probability of selection into the sample and response propensity, all reported statistics were weighted using respondent-level sampling weights. Weighted statistics reflect the population of age-eligible individuals registered to vote in Greene County, Ohio at the time the voter file was prepared. Reported sample numbers (n) are not weighted and reflect the number of individuals in the sample averaged across imputed data sets. Percentages based on the n's provided may differ from the reported percentages because of sample weighting.

SAMPLE CHARACTERISTICS

- Just over half the sample population was aged 60 to 69 years, more than half identified as female (56.7%), over two-thirds were married or living with a partner (67.5%), and most identified as white (89.5%) and non-Hispanic (97.6%; Table 1).
- Just under half (49.2%) had a bachelor's degree or higher education and the majority of the sample (57.9%) reported that they were retired and not looking for work. Nearly 15% found it at least somewhat difficult to pay their monthly bills, with about 1 in 5 adults worrying about money at least a moderate amount.
- More than one-third of the sample population resided in Beavercreek Township (36.2%), 17.8% resided in Bath Township, 14.3% in Xenia City, and 31.7% in Other cities and townships.
- The characteristics of the sample population were fairly similar to US Census data for Greene County averaged over the period between 2016 and 2020 in terms of age, gender, Hispanic ethnicity, marital status, and race; however, the sample population was more highly educated, with 49.2% having a bachelor's or higher degree compared to 33.4% in the broader 60+ Greene County population.

Table 1. Characteristics of sample population		
Characteristic	% (n)	% for the 60+ population in Greene County¹
Age group (years)		
60 to 64	24.5 (178)	28.0
65 to 69	25.8 (251)	24.7
70 to 74	21.8 (246)	17.4
75 to 79	11.9 (151)	12.1
80 + years	16.1 (181)	17.8
Education		
High school diploma or less	16.7 (188)	39.3 ²
Some college, technical education, Associate's degree	34.1 (362)	27.3
Bachelor's degree	23.4 (219)	33.4
Master's degree or higher education	25.8 (239)	
Employment status		
Retired, not looking for work	57.9 (634)	---
Retired, working (part- or full-time) or looking for work	11.7 (116)	---
Working, part- or full-time	20.4 (166)	---
Other ³	10.0 (90)	---

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

¹U.S. Census Bureau. S0102|Population 60 years and over in the United States—2020: ACS 5-Year Estimates Subject Tables.

²Education categories for Greene County: High school graduate or less: 39.3%; Some college or associate's degree: 27.3%; and Bachelor's degree or higher: 33.4%

³Other includes those identifying as unemployed and not looking for work, unemployed and looking for work, temporarily laid off, and any other status such as "housewife".

Table 1. Characteristics of sample population (continued)		
Characteristic	% (n)	% for the 60+ population in Greene County
Ethnicity		
Hispanic, Latino, or Spanish	2.4 (20)	1.4
Not Hispanic, Latino, or Spanish	97.6 (987)	98.6
Financial status		
Level of difficulty paying monthly bills		
Not at all difficult	61.0 (607)	---
Not very difficult	24.1 (241)	---
At least somewhat difficult	14.8 (159)	---
Worry about money		
Not at all	36.3 (360)	---
A little	43.4 (436)	---
A moderate amount	13.8 (148)	---
Very much	6.5 (62)	---
Greene County community		
Bath Township	17.8 (221)	20.4 ⁴
Beavercreek Township	36.2 (271)	33.4
Xenia City	14.3 (247)	16.6
Other cities and townships	31.7 (268)	29.6
Marital status		
Now married or living with a partner	67.5 (673)	63.4 ⁵
Widowed	17.4 (187)	16.8
Divorced, separated, never married	15.1 (147)	19.9
Race		
Black	3.4 (39)	4.3
Other	7.1 (68)	4.8
White	89.5 (900)	90.9
Sex		
Female	56.7 (623)	54.6
Male	43.3 (384)	45.4

⁴U.S. Census Bureau. Explore Census Data. <https://data.census.gov/cedsci/>

⁵Refers to “now married” (as opposed to now married or living with partner in the GCCOA survey)

INTERNET AND OTHER TECHNOLOGY

INTERNET USE

- The vast majority of the sample population had access to and regularly used the internet. Over 90% reported having internet in their home (Table 2) and over 90% reported using the internet on a weekly or more frequent basis (Figure 1).
- Most individuals felt comfortable using the internet, with nearly 70% reporting being very or extremely comfortable (Figure 2).
- Reading or sending email; reading the news; and watching TV, videos or movies were the online activities most frequently endorsed, with more than half of the sample population engaging in these activities once a week or more (Table 3). Other relatively common activities included listening to music, playing games, financial activities, and checking or updating an eCalendar; one-third or more adults reported engaging in these activities on a weekly or more frequent basis.
- More than half of adults (57.2%) reported using social media on a weekly or more frequent basis (Table 4). Most (84.9%) reported never using an online audiobook service.

Table 2. Percent with cable TV, internet, and wireless internet in their home

	No, % (n)	Yes, % (n)	Not Sure, % (n)
Cable or satellite TV	20.0 (198)	78.9 (800)	1.1 (9)
Internet	8.3 (89)	90.4 (906)	1.3 (12)
Wi-Fi or wireless internet	9.9 (105)	87.2 (874)	3.0 (28)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

Figure 1. Frequency of Internet use

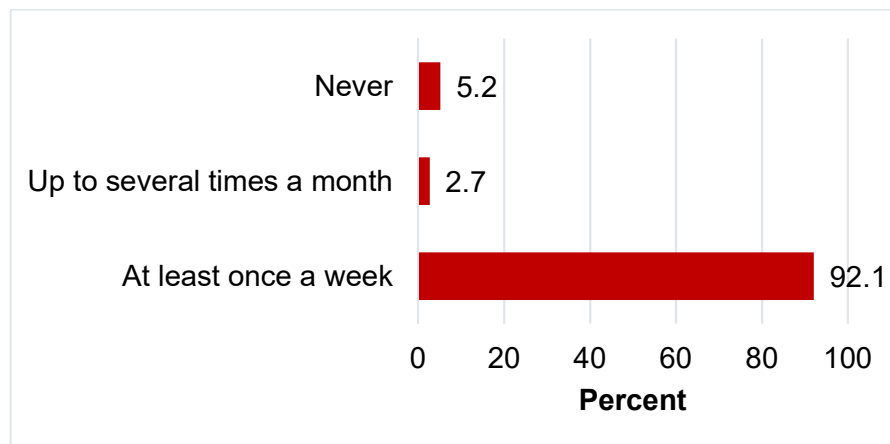


Figure 2. Level of comfort using the Internet

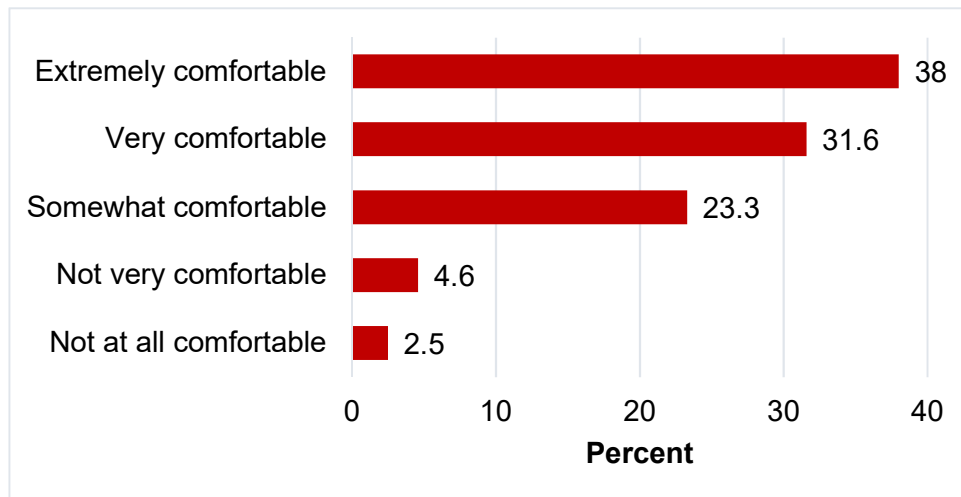


Table 3. Frequency of engaging in various online activities

	Never, % (n)	Less than once a month, % (n)	Up to several times a month, % (n)	Once a week or more, % (n)
Shopping	14.3 (155)	21.8 (218)	39.7 (371)	24.1 (212)
Banking, bill paying or other financial activities	24.0 (248)	5.0 (46)	38.0 (360)	33.0 (300)
Check or update your eCalendar	50.7 (512)	5.9 (57)	10.8 (97)	32.6 (289)
Read or send email	6.2 (70)	3.8 (41)	11.0 (107)	79.0 (737)
Search for a service provider, like a doctor, roofer, or florist	17.3 (186)	30.8 (295)	33.3 (299)	18.6 (175)
Search for health or other information	14.4 (146)	24.8 (246)	39.9 (358)	20.8 (205)
Check information in an electronic medical record	26.2 (266)	31.8 (297)	33.1 (304)	8.9 (88)
Listen to radio programs, like talk radio or NPR	56.4 (540)	11.1 (110)	9.7 (93)	22.8 (212)
Read the news	19.5 (200)	8.1 (78)	10.8 (110)	61.6 (566)
Play games	43.9 (413)	7.8 (78)	6.8 (65)	41.5 (399)
Watch TV, videos, or movies	26.0 (259)	9.4 (94)	10.5 (102)	54.0 (499)
Listen to music	27.4 (271)	12.7 (124)	14.6 (139)	45.3 (422)
Attend a class, religious service, or some other group activity	44.4 (417)	17.5 (158)	15.5 (157)	22.6 (223)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

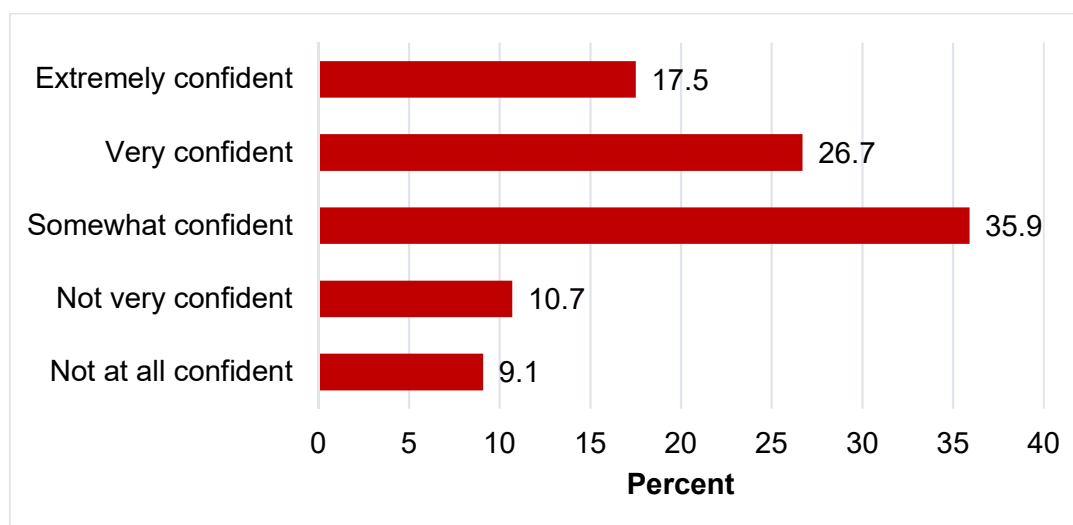
Table 4. Frequency of using various online services or technologies				
	Never, % (n)	Less than once a month, % (n)	Up to several times a month, % (n)	At least once a week, % (n)
An audiobook service, like Audible	84.9 (821)	5.6 (50)	5.1 (42)	4.3 (42)
Web-conferencing or video chat apps, like Zoom, WebEx, Skype, FaceTime, or WhatsApp	36.8 (381)	21.2 (198)	22.5 (204)	19.5 (171)
Social media, like Facebook, Twitter, YouTube, Instagram, or LinkedIn	25.3 (247)	6.3 (55)	11.2 (114)	57.2 (539)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

DIGITAL TECHNOLOGIES

- Approximately 80% of the sample population reported being at least somewhat confident using digital technologies, with more than 4 in 10 adults reporting being very or extremely confident (Figure 3).
- Most of the sample population reported owning a computer (87.6%) and smartphone (84%; Table 5). A sizeable majority also reported owning a smart TV (67.5%) and tablet (63.9%). The least frequently owned digital technologies were a gaming console (14.7%) and smart home technologies (19.6%).
- Among the factors limiting use of digital technologies, the complexity of digital technologies (45.1%) and privacy or safety concerns (51.1%) were the most frequently endorsed. Not knowing how to use digital technology (37.1%), no interest or need (36.5%), and cost (34.6%) were endorsed by more than 1 in 3 adults (Table 6).
- More than half of the sample population expressed at least some interest in local technical support (53.6%) and classes or workshops focused on learning how to use digital technology (57%; Table 7). Most had no interest (71.5%) in a class concerning how to take part in online appointments with health care providers.

Figure 3. Level of confidence using digital technologies

**Table 5. Ownership of various digital technologies**

	No, % (n)	Yes, % (n)	Not Sure, % (n)
Computer (laptop, notebook, desktop)	12.0 (123)	87.6 (880)	0.4 (4)
Smartphone, like an iPhone, Samsung Galaxy, or Google Pixel	15.2 (163)	84.0 (834)	0.8 (10)
Smart TV	30.7 (317)	67.5 (672)	1.8 (18)
Streaming device, like an Amazon Fire stick or Roku player	50.4 (532)	47.6 (453)	2.0 (21)
Smart speaker with voice assistance, like Alexa or Google Assistant	63.2 (648)	35.5 (344)	1.3 (15)
Tablet, like an iPad or Samsung Galaxy Tab	35.0 (374)	63.9 (622)	1.1 (11)
eReader, like a Nook or Kindle	60.6 (625)	37.8 (364)	1.6 (18)
Smartwatch or other wearable device, like an Apple watch or Fitbit	69.7 (705)	29.2 (288)	1.1 (14)
Gaming consoles, like PlayStation, Xbox, or Nintendo	83.8 (859)	14.7 (130)	1.4 (18)
Smart home technologies, like smart appliances, smart lighting, or a smart security system	78.1 (792)	19.6 (192)	2.3 (23)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

Table 6. Factors that limit use of digital technologies			
	No, % (n)	Yes, % (n)	Not Sure, % (n)
Cost or expense	61.2 (610)	34.6 (351)	4.2 (47)
No interest or need	55.1 (564)	36.5 (361)	8.3 (82)
Not knowing how to use digital technologies	58.1 (570)	37.1 (387)	4.8 (50)
Complexity of digital technologies	50.7 (497)	45.1 (465)	4.2 (45)
Privacy or safety concerns	45.9 (460)	51.1 (513)	3.0 (34)
A health problem	93.8 (936)	4.5 (51)	1.7 (20)
A vision problem	90.5 (906)	8.0 (85)	1.5 (16)
A hearing problem	87.9 (881)	9.1 (97)	3.0 (30)
No or limited (slow, unreliable) internet access	79.6 (807)	15.4 (143)	5.0 (57)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

Table 7. Interest in technology education and support*			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Classes or workshops in which you learn how to use digital technology	42.9 (434)	43.2 (433)	13.8 (140)
Local technical support, like a person who would come to your home to help you set up digital technologies or a person who you could call to help you solve problems when using digital technology	46.4 (465)	34.8 (351)	18.8 (190)
A class on how to take part in virtual or online appointments with health care providers	71.5 (707)	22.9 (242)	5.6 (58)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

*If sponsored or coordinated by a local senior center, the Greene County Council on Aging, or other community organization.

TELEHEALTH

- Just under half of the sample population (47.4%; Figure 4) reported ever having had an online appointment with a health care provider; less than half (41.3%; Figure 5) reported being likely or very likely to schedule an online appointment in the future.
- The most frequently endorsed benefits of online appointments with health care providers were not needing to travel (80%; Table 8), limiting contact with people who have something like a cold or the flu (79.1%), and saving time (71.9%).
- The two most commonly endorsed barriers to online appointments with health care providers were concerns about privacy (30.2%; Table 9) and the quality of care received (44.3%).

Figure 4. Ever had a virtual or online appointment with a health care provider

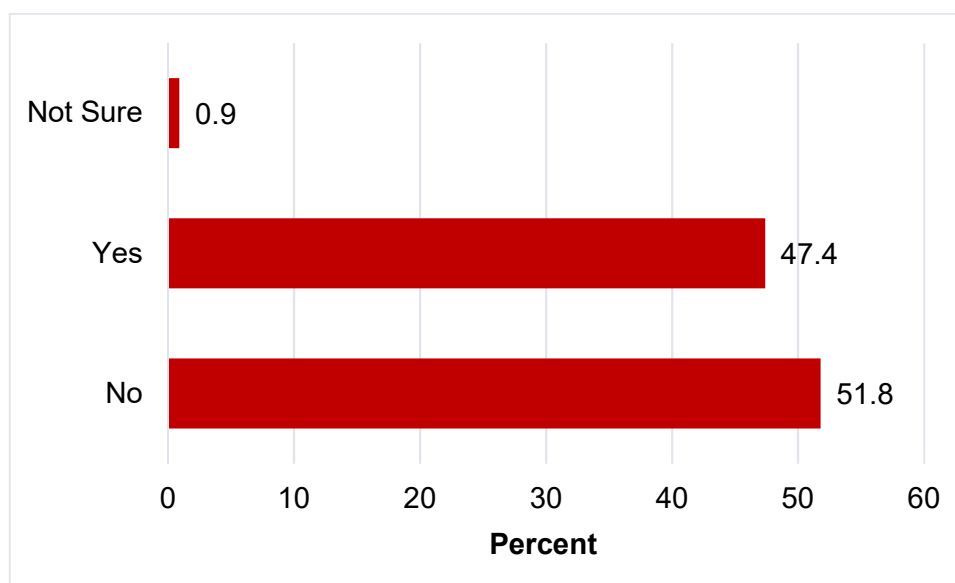
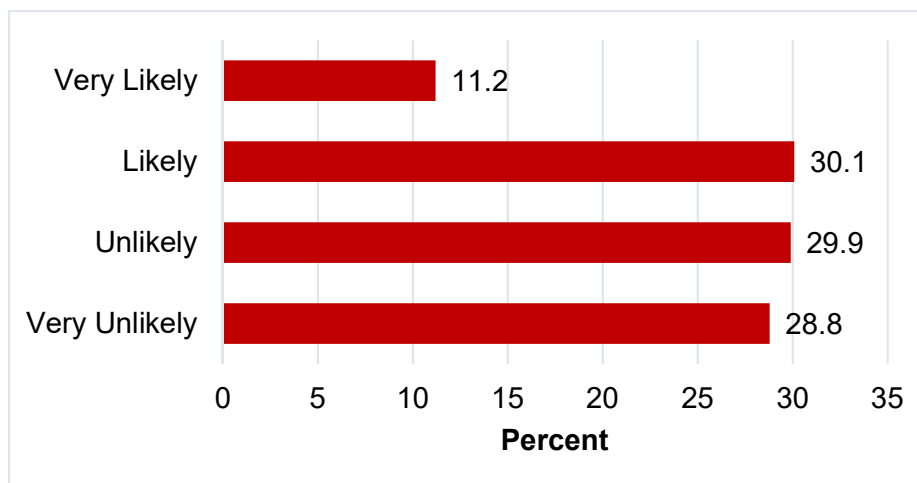


Figure 5. Likelihood of scheduling an online appointment with a health care provider in the future

**Table 8. Benefits of virtual or online appointments with a health care provider**

	No, % (n)	Yes, % (n)	Not Sure, % (n)
You don't need to travel to the health care provider's office	10.0 (105)	80.0 (792)	10.0 (110)
It limits your contact with people who may have something like a cold or the flu	11.8 (122)	79.1 (785)	9.1 (101)
It saves you time	14.3 (146)	71.9 (714)	13.8 (147)
It allows you to seek care from a health care provider who is located in another city or state	25.2 (252)	53.4 (537)	21.4 (218)
It allows family members or friends to attend the appointment with you	31.4 (305)	49.4 (504)	19.2 (197)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

Table 9. Factors that prevent online appointments with health care providers			
	No, % (n)	Yes, % (n)	Not Sure, % (n)
You don't have a computer or other device, like a tablet or smartphone	82.7 (824)	13.3 (139)	3.9 (44)
You have limited or no internet access	82.1 (820)	14.2 (151)	3.6 (37)
You have concerns about privacy	65.0 (644)	30.2 (307)	4.9 (56)
You have concerns about the quality of care provided	47.4 (472)	44.3 (446)	8.3 (89)
You find technology difficult to use	66.1 (638)	27.5 (300)	6.4 (69)
You don't know if your health insurance will cover the visit	56.5 (557)	23.6 (250)	19.9 (201)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

LIVING ARRANGEMENTS

- Approximately two-thirds of the sample population lived in a household consisting of two people (64.1%; Figure 6); nearly 1 in 4 adults lived alone.
- Among those who reported living with at least one other person, 88.9% lived with a spouse or partner and approximately 16% lived with one or more of their children (Figure 7).

Figure 6. Number of people living in current home

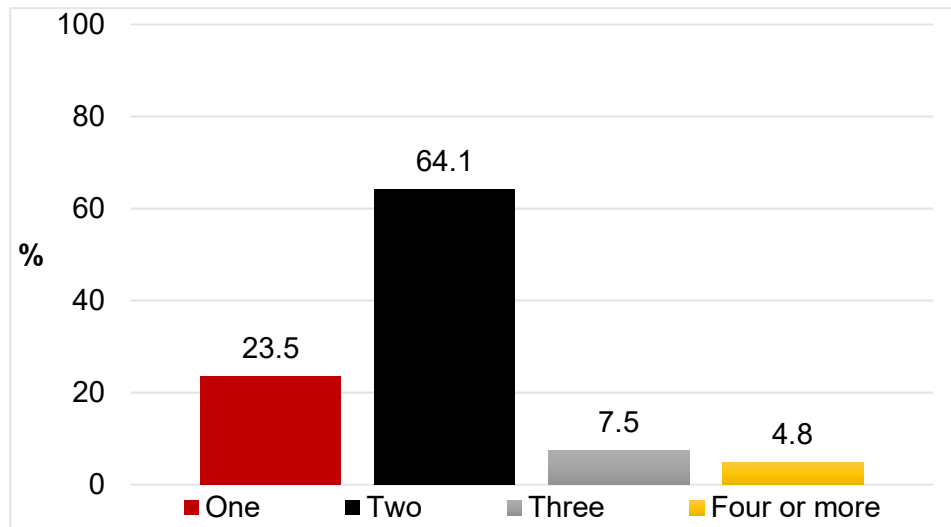
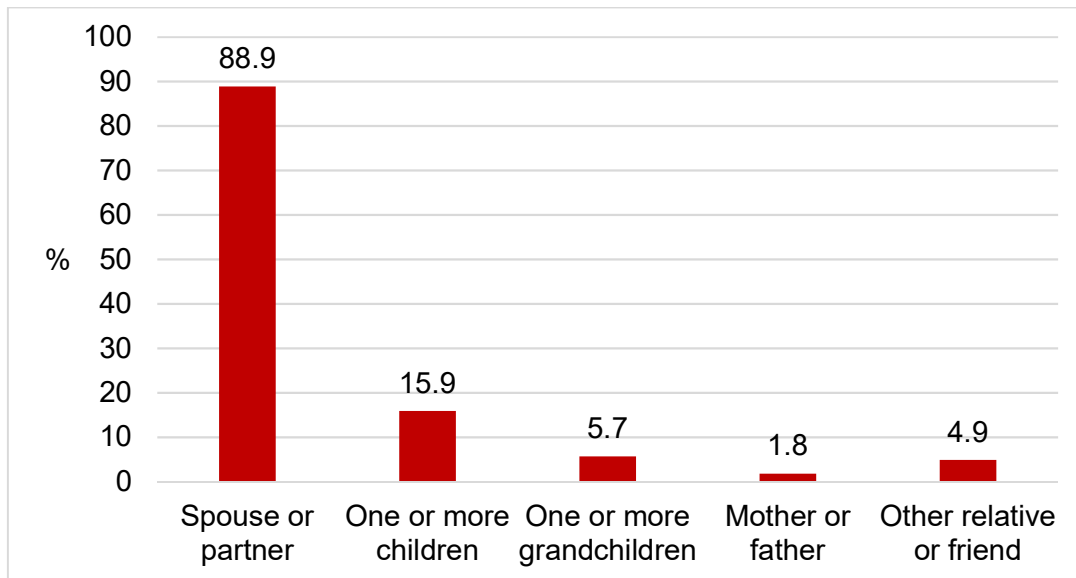


Figure 7. Percent of two or more-person households with specified individual(s) living in the household



HOUSING

- About two-thirds of the sample population reported that it was very or extremely important to remain in their current home as they grow older (Figure 8).
- The vast majority of adults reported owning their home (88.5%, Figure 9), with most living in a single-family home (85.8%, Figure 10). Nearly two-thirds of adults had lived in their current home for 15 or more years (Figure 11).
- More than half (52.1%; data not depicted) of the sample population indicated that their home needs one or more modifications in order to safely and comfortably live there as they grow older. The most commonly endorsed home modifications were handrails or grab bars in the bathroom (56.5%), a higher toilet in the bathroom (28%), a ramp to replace outdoor stairs or steps (26.2%), a chairlift or stairlift to replace indoor stairs or steps (25.9%), and handrails on indoor or outdoor stairs/steps (21.8%; Figure 12).
- Among those indicating that home modifications are needed, over 40% indicated that cost has at least somewhat prevented them from making the necessary changes; 1 in 5 indicated that it impacted their ability to do so “a lot” (Figure 13).

Figure 8. Importance of remaining in current home

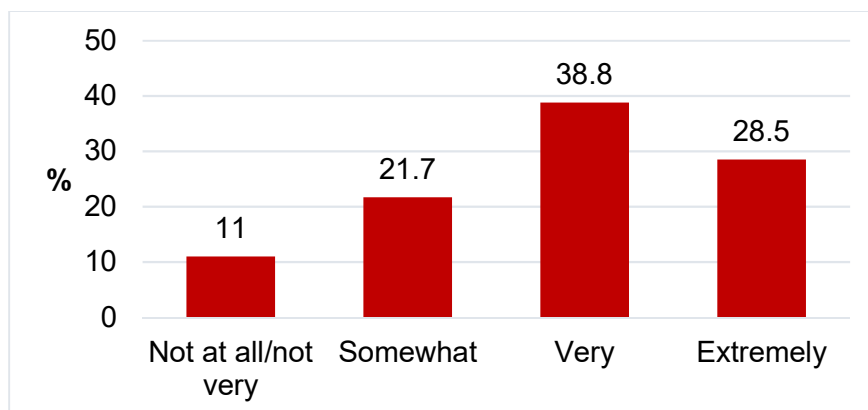


Figure 9. Home ownership status

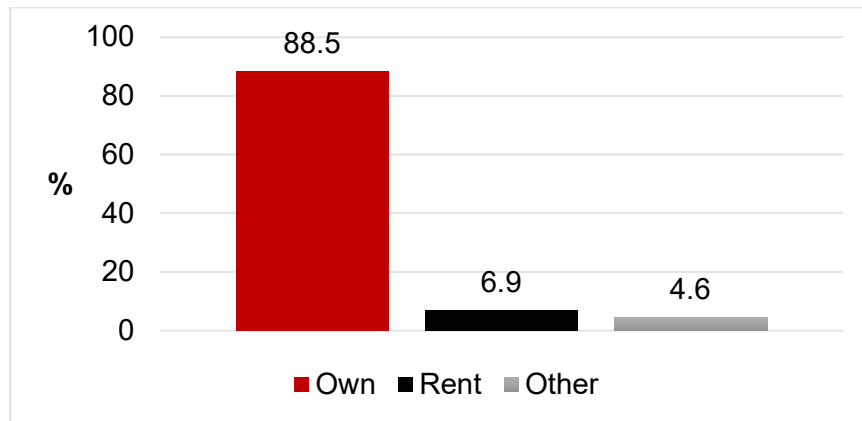


Figure 10. Type of home in which individuals currently live

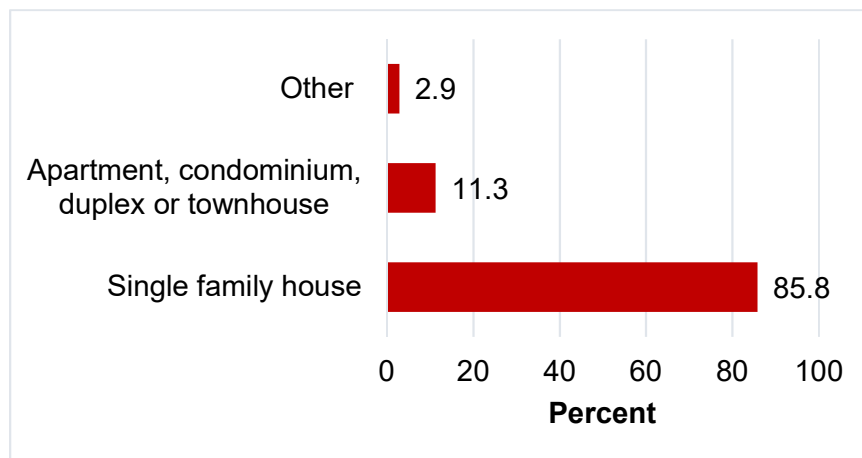


Figure 11. Number of years lived in current home

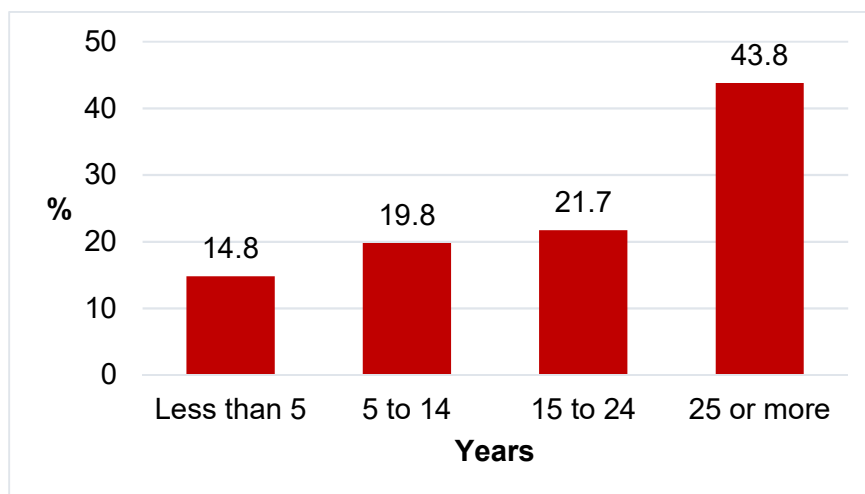
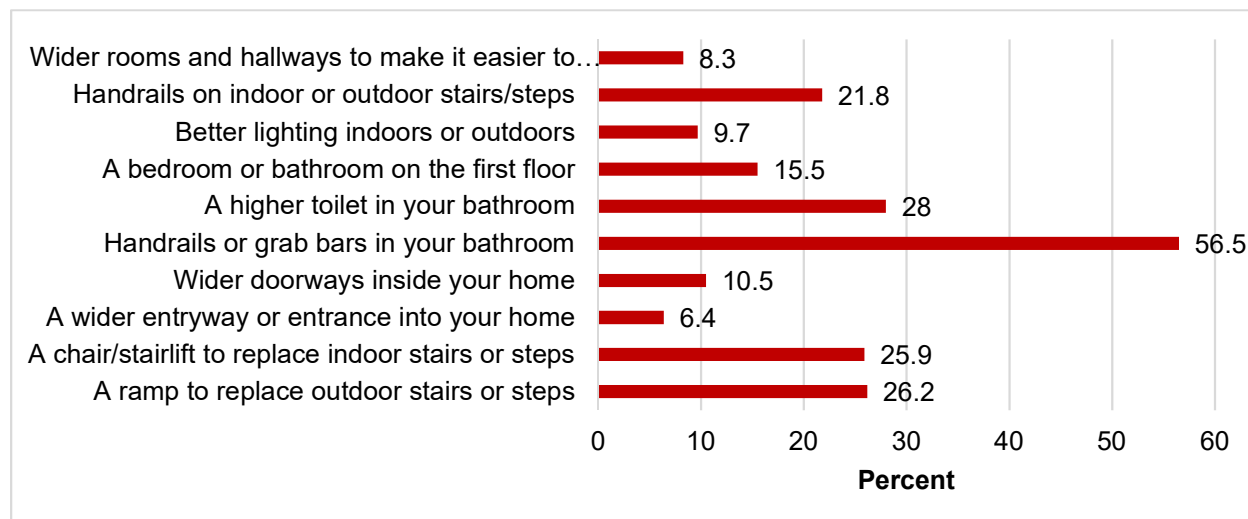
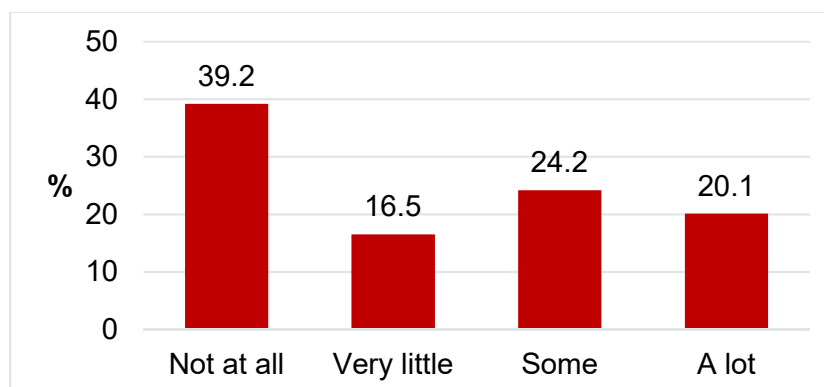


Figure 12. Home modifications needed in order to safely and comfortably remain in home as grow older



Note: Includes only those indicating that home modifications are needed.

Figure 13. Extent to which cost has prevented individuals from making needed home modifications



Note: Includes only those indicating that home modifications are needed.

COMMUNITY RESIDENCE AND RATING

- Nearly 63% of adults had lived in their community for 25 or more years, with about 30% of adults residing in their community for 45 or more years (Figure 14).
- The vast majority of adults (89%) rated their community as a good or better place for people to live as they grow older (Figure 15); more than half (54%) rated their community as very good or excellent.

Figure 14. Length of residence in community

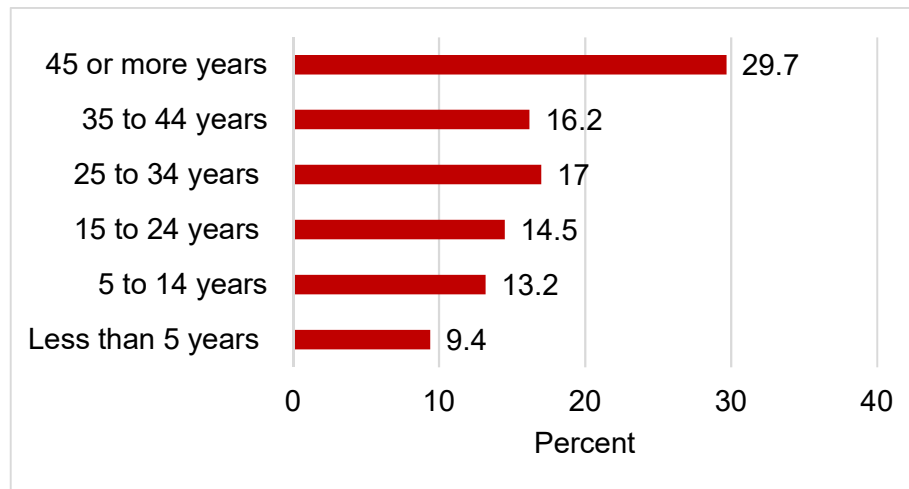
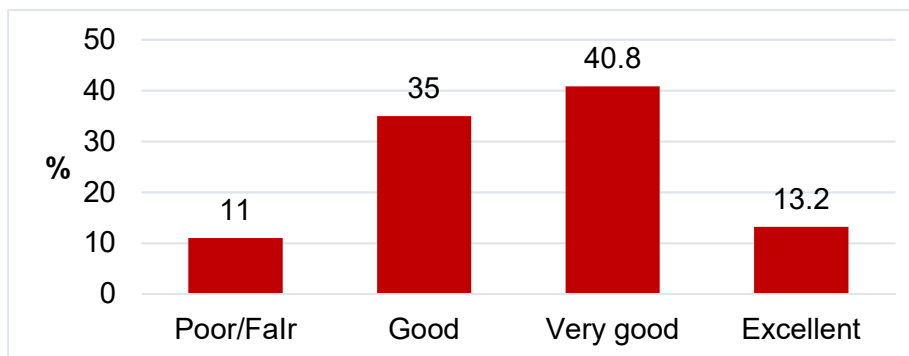


Figure 15. Rating of community as a place for people to live as they grow older

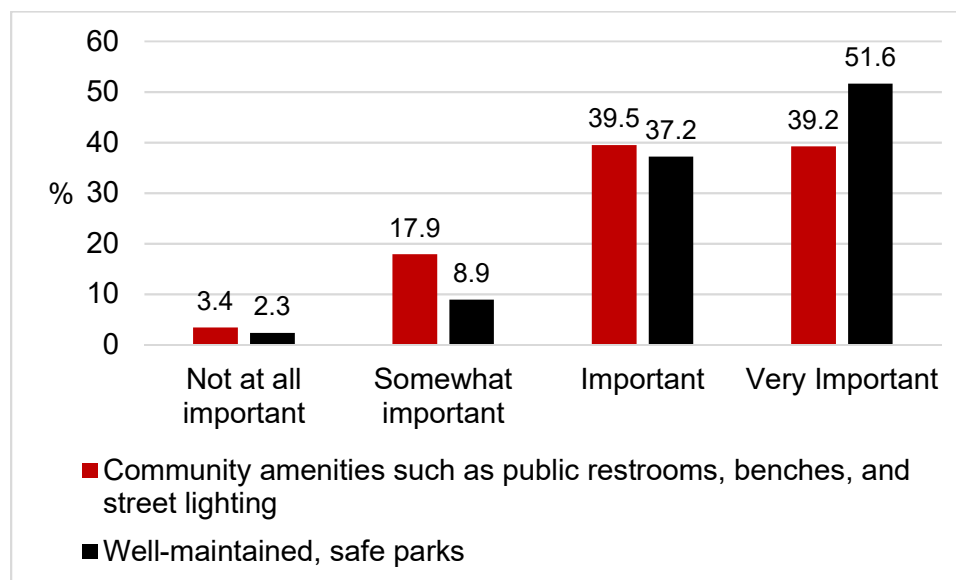


COMMUNITY FEATURES: IMPORTANCE & RATING

AMENITIES

- Over three-quarters of adults felt that it was important or very important for communities to offer amenities such as public restrooms, benches, and street lighting (Figure 16). Nearly 90% felt it was important or very important to have well-maintained and safe parks in the community.

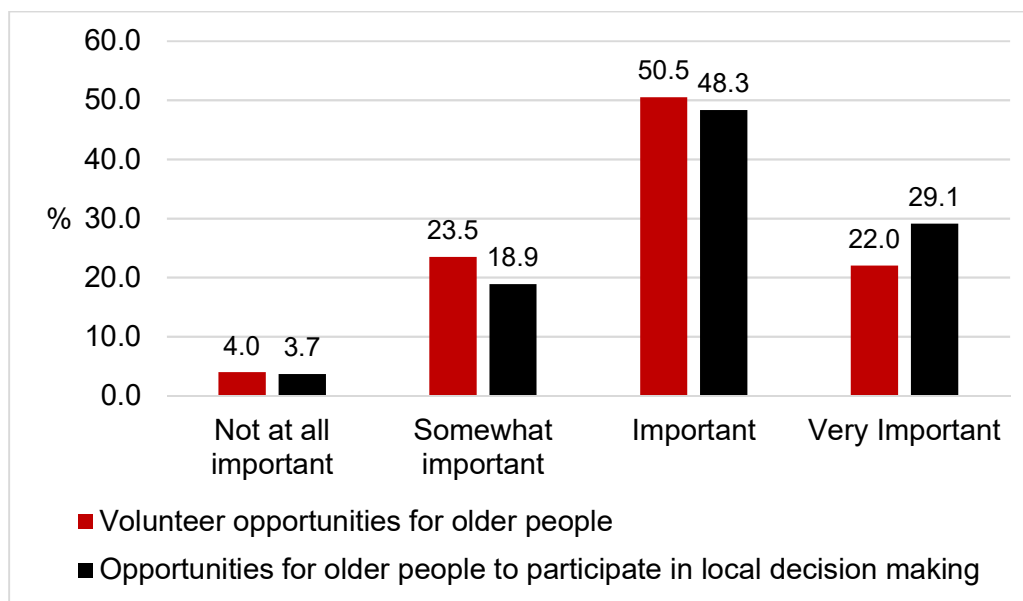
Figure 16. Importance of having select amenities in community



CIVIC AND VOLUNTEER OPPORTUNITIES

- More than 7 in 10 adults indicated that opportunities for older people to volunteer (72.5%) in their community and participate in local decision making (77.4%) are important or very important (Figure 17).
- Just under half of adults (46.5%) rated community availability of meaningful volunteer activities for older people as good or excellent; however, more than one-third (37.2%) indicated that they were not sure about the availability of meaningful volunteer activities (Table 10).
- Less than one-third of adults rated the ease of learning about local volunteer opportunities (31.4%) and availability of transportation assistance to and from volunteer activities (26.7%) as good or excellent; respective figures for those not sure were 40.2% and 55.4% (Table 10).
- Almost 3 in 10 adults reported that opportunities to participate in local decision making were good or excellent; however, more than half of the sample population (53.7%) was not sure about these opportunities (Table 10).

Figure 17. Importance of having volunteer and civic opportunities in community

**Table 10. Rating of civic and volunteer opportunities in community**

	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
Availability of meaningful volunteer activities for older people	4.9 (52)	11.3 (124)	32.1 (322)	14.4 (136)	37.2 (373)
Ease of learning about local volunteer opportunities	10.0 (109)	18.4 (188)	23.8 (237)	7.6 (72)	40.2 (402)
Availability of transportation assistance to and from volunteer activities	7.7 (83)	10.3 (106)	19.7 (203)	7.0 (63)	55.4 (552)
Opportunities for older people to participate in local decision making, like serving on community boards, councils or committees	7.3 (74)	10.8 (111)	20.0 (201)	8.3 (76)	53.7 (545)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

EDUCATIONAL OPPORTUNITIES

- Nearly two-thirds of the sample population rated education and training opportunities for older people as important or very important to have in the community (Figure 18); however, responses to rating questions suggest that many are unsure about the availability of such opportunities. “Not sure” was the most frequent rating for availability of educational opportunities in the areas of job skills retooling and retraining (69.2%), financial security during the retirement years (44.7%), end of life planning (42.3%), caregiver resources and skills training (63.7%), and safe driving (69.3%; Table 11). That acknowledged, a third or more individuals rated availability of educational opportunities concerning financial security (34.4%), health insurance options (51.4%), and end of life planning (40.2%) as good or excellent.

Figure 18. Importance of having education and training opportunities in community

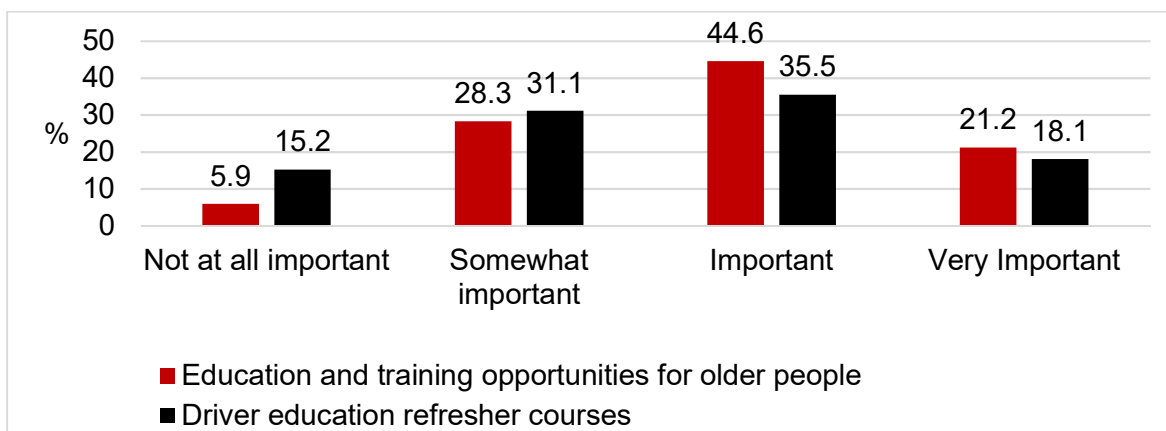


Table 11. Availability of educational opportunities on select topics					
	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
Job skills retooling and retraining for older adults	9.8 (107)	8.5 (84)	10.2 (100)	2.3 (21)	69.2 (695)
Financial security during the retirement years	8.1 (87)	12.8 (134)	26.9 (269)	7.5 (64)	44.7 (454)
Health insurance options, including Medicare and Medicaid	4.8 (51)	10.7 (110)	35.9 (373)	15.5 (145)	33.1 (328)
End of life planning, like preparing a will and making your care wishes known	6.2 (66)	11.3 (112)	30.9 (316)	9.3 (90)	42.3 (422)
Caregiver resources and skills training	6.8 (73)	10.2 (108)	15.6 (155)	3.8 (36)	63.7 (636)
Safe driving, including driver education refresher courses	6.6 (73)	8.5 (90)	13.3 (128)	2.4 (23)	69.3 (693)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

FITNESS ACTIVITIES

- About 60% of the sample population rated the availability of fitness activities geared to older people in their community as good or excellent; non-trivial percentages rated availability as poor or fair (17.5%) or were not sure (21.6%) about the availability of such fitness activities in their community (Table 12). A similar pattern was observed for the affordability of fitness activities.

Table 12. Availability and affordability of fitness activities in the community					
	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
Availability of fitness activities geared to older people	6.7 (69)	10.8 (117)	37.1 (377)	23.7 (224)	21.6 (220)
Affordability of fitness activities	7.8 (81)	10.1 (110)	32.8 (336)	19.6 (182)	29.6 (299)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

HEALTH CARE AND SUPPORTIVE SERVICES

- The vast majority of adults rated the availability of quality health care (97%), quality home care (87.1%), and resources that help community members access health and supportive services (84.7%) as important or very important (Table 13). More than two-thirds of adults also indicated that the availability of adult daycare (67.9%) and caregiver respite services (71.1%) were important or very important.
- Most rated health care in the community positively, with over 80% of adults rating distance to health care and emergency care facilities, quality of health care, and availability of health care providers as good or excellent (Table 14).
- Ratings for supportive services were less favorable; the majority of the sample population reported not being sure about the availability of home care services (52.7%), adult daycare (66.9%), respite services for caregivers (68.7%), and a service that helps older people find and access health and supportive services (57.8%; Table 15).
- A small minority of respondents (4.1%; data not depicted) reported that there was a time in the past 12 months when they needed home care services but did not receive them.

Table 13. Importance of quality health care, quality home care, and select supportive services

	Not at all important % (n)	Somewhat important % (n)	Important % (n)	Very important % (n)
Quality health care	1.0 (12)	2.0 (22)	29.2 (301)	67.8 (672)
Quality home care	2.1 (22)	10.8 (104)	40.9 (414)	46.2 (467)
Adult daycare	8.0 (85)	24.0 (229)	40.2 (406)	27.7 (287)
Caregiver respite services	5.7 (60)	23.3 (227)	40.3 (397)	30.8 (324)
Resources that help community members access health and supportive services	2.9 (27)	12.4 (121)	41.4 (417)	43.3 (442)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

Table 14. Rating of health care-related community features					
	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
Distance to health care facilities (hospitals, clinics)	1.0 (11)	8.7 (100)	39.1 (424)	49.9 (459)	1.4 (13)
Distance to emergency/urgent care facilities	1.0 (10)	8.4 (95)	36.5 (397)	52.2 (488)	1.8 (17)
Quality of health care in your community	2.4 (21)	7.9 (94)	41.3 (437)	42.3 (396)	6.2 (59)
Availability of health care providers, like doctors, nurses, and physical therapists	1.7 (18)	9.1 (96)	41.6 (439)	41.6 (393)	6.0 (61)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

Table 15. Rating of availability of supportive services in the community					
	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
Home care services, like personal care and homemaking assistance	2.4 (29)	10.2 (109)	24.6 (264)	10.2 (93)	52.7 (512)
Adult daycare	6.1 (65)	9.4 (108)	12.6 (131)	4.9 (46)	66.9 (658)
Respite services for caregivers	5.7 (63)	8.8 (100)	12.7 (125)	4.2 (39)	68.7 (680)
A service that helps older people find and access health and supportive services	3.5 (39)	8.0 (91)	22.0 (232)	8.7 (86)	57.8 (558)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

HEALTH EDUCATION

- Approximately three-quarters of the sample population felt it was important or very important to have health and wellness programs in their community (Figure 19).
- Lack of knowledge about health education opportunities was high; the percentage of the sample population “not sure” about the availability of learning opportunities ranged from 49.2% for healthy eating to 65.8% for health during life transitions (Table 16).
- About one-quarter to one-third of adults rated the availability of education on healthy eating (37.5%), managing chronic conditions (34.6%), quitting smoking (28.5%), mental health (27.3%), stress management (24.8%), and memory loss (23.5%) as good or excellent (Table 16).
- Most of the sample population (59.2%) was “not sure” about the affordability of health education in their community; one-quarter of the population rated it as good or excellent (Figure 20).

Figure 19. Importance of having health and wellness programs in the community

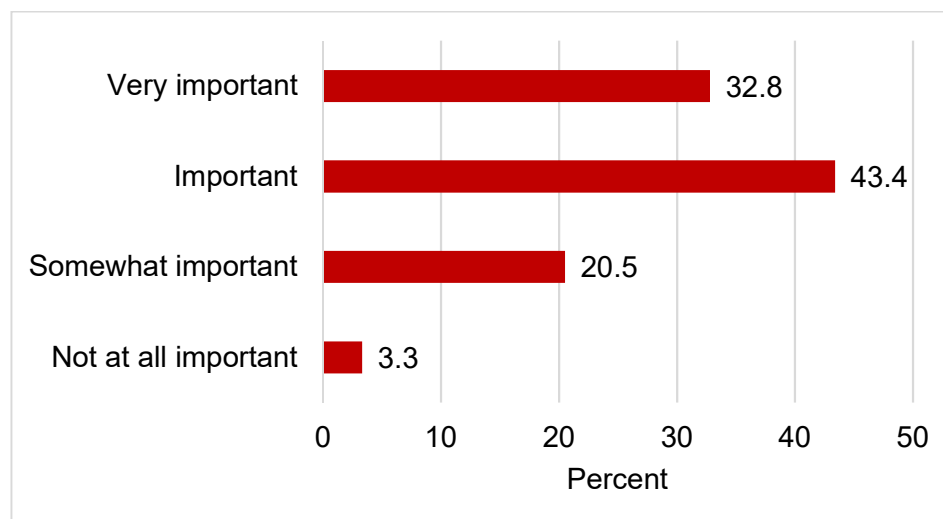
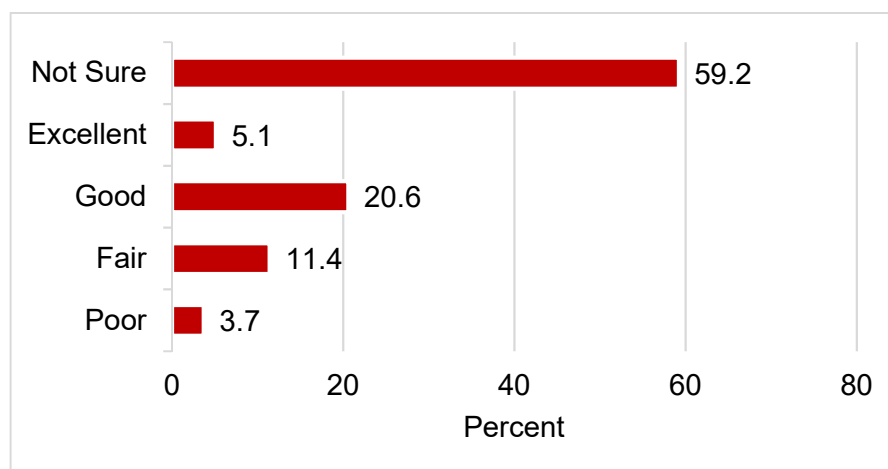


Table 16. Rating of community availability of health education on select topics					
	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
Healthy eating	3.6 (42)	9.7 (100)	28.5 (298)	9.0 (81)	49.2 (485)
Quitting smoking	3.4 (37)	6.2 (64)	20.2 (216)	8.3 (73)	61.8 (618)
Managing chronic conditions, like COPD, diabetes, heart disease, or pain	3.8 (39)	9.2 (92)	24.6 (257)	10.0 (94)	52.3 (525)
Memory loss	6.3 (65)	8.3 (86)	17.0 (184)	6.5 (57)	61.9 (615)
Mental or emotional health	6.2 (62)	8.0 (87)	19.4 (209)	7.9 (68)	58.4 (581)
Stress management	5.7 (59)	7.8 (85)	17.2 (180)	7.6 (66)	61.8 (618)
Health during life transitions, like divorce, retirement, relocation, or loss of a loved one	6.2 (65)	8.4 (89)	14.8 (154)	4.9 (47)	65.8 (652)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

Figure 20. Rating of the affordability of health education in community



HOUSING

- More than 8 in 10 adults indicated that having affordable and well-maintained housing for older people (86.4%), affordable and reliable home repair and maintenance services (92.2%), and affordable and reliable seasonal services (87.4%) in their community is important or very important (Table 17).

- About 42% of the sample population rated housing options for older people in their community as good or excellent, with approximately one-quarter rating them as poor or fair (Table 18). A sizeable percentage indicated not being sure about housing options for older people (31.6%).
- The affordability of housing for older people was rated as poor or fair by roughly 4 in 10 adults, with more than one-third indicating that they were not sure about the affordability of housing (Table 18).
- More than half of the sample population indicated that their community had enough reliable (56.3%) and affordable (51.1%) home repair and improvement professionals (Table 19); nearly two-thirds reported having enough affordable seasonal services in their community. One-quarter to one-third of the sample population was not sure if their community had enough of these services.

Table 17. Importance of housing and maintenance services

	Not at all important % (n)	Somewhat important % (n)	Important % (n)	Very important % (n)
Affordable and well-maintained housing for older people of all ability levels	2.3 (23)	11.2 (103)	41.2 (420)	45.2 (461)
Affordable and reliable home repair and maintenance services	1.1 (10)	6.7 (66)	39.8 (397)	52.4 (534)
Affordable and reliable seasonal services such as lawn work or snow removal	1.9 (20)	10.7 (102)	39.1 (386)	48.3 (499)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

Table 18. Ratings for housing options and affordability of housing for older people

	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
Housing options for older people of all ability levels	6.9 (78)	19.6 (206)	33.9 (323)	8.0 (76)	31.6 (323)
Affordability of housing for older people	13.0 (136)	27.7 (265)	19.0 (200)	3.7 (34)	36.7 (373)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

Table 19. Availability of home maintenance services in community			
Are there enough...	No, % (n)	Yes, % (n)	Not Sure, % (n)
Reliable home repair and improvement professionals, like contractors, roofers, painters, and handy workers	12.2 (113)	56.3 (566)	31.6 (328)
Affordable home repair and improvement professionals	14.7 (149)	51.1 (507)	34.2 (351)
Affordable seasonal services such as lawn work or snow removal	9.8 (98)	64.6 (649)	25.6 (259)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

INFORMATION-RELATED SERVICES

- More than 80% of adults reported having free access to computers and internet in a public location in their community (Table 20).
- About half (50.6%) of adults indicated that their community offered a service or resource where community members can learn about community activities and events; however, nearly 46% were not sure if such a service existed (Table 20).
- Almost 4 in 10 adults reported that their community had a service or resource that helps older people find and access entities such as home health care providers, home maintenance professionals, caregiving services, nutrition assistance, and home heating assistance (Table 20). Most, however, were not sure (56.3%) if such a service or resource existed.

Table 20. Availability of information-related services in community			
	No, % (n)	Yes, % (n)	Not Sure, % (n)
Free access to computers and internet in public places such as a library or community center	1.8 (17)	82.3 (836)	15.9 (154)
A service or resource where community members can learn about community activities and events	3.5 (39)	50.6 (504)	45.9 (464)
A service or resource that helps older people find and access things like home health care providers, home maintenance professionals, caregiving services, nutrition assistance, and home heating assistance.	6.0 (62)	37.7 (393)	56.3 (552)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

JOB OPPORTUNITIES

- More than 60% of the sample population reported that having job opportunities in the community for older people is important or very important (Figure 21); however, over half of the sample population indicated that they were “not sure” about the number (53.4%) and quality (55.8%) of job opportunities for older people in their community. Likewise, nearly two-thirds (63.8%) were not sure about the availability of flexible jobs for older people. Approximately 1 in 4 adults rated the number and quality of job opportunities and the availability of flexible jobs as poor or fair.

Figure 21. Importance of having job opportunities for older people in the community

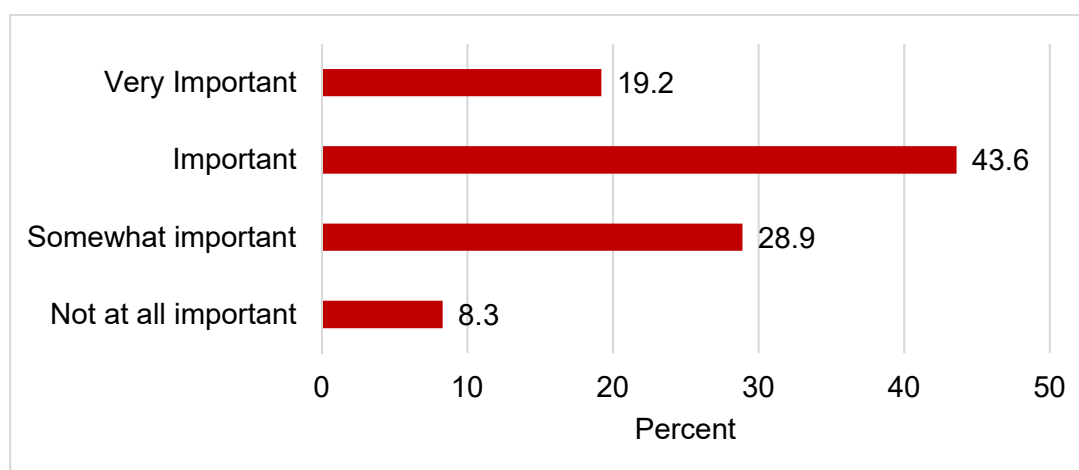


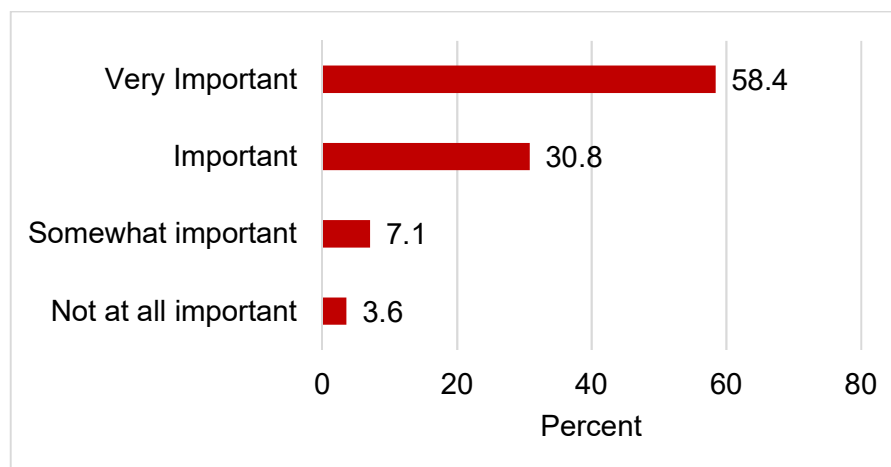
Table 21. Ratings for job opportunities for older people in the community					
	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
The number of job opportunities for older people	10.4 (106)	13.0 (139)	20.3 (182)	2.9 (24)	53.4 (556)
Quality of job opportunities for older people	11.9 (123)	15.7 (157)	15.5 (141)	1.1 (8)	55.8 (578)
Availability of flexible jobs for older people, like jobs that allow older people to choose when and how much they want to work	11.0 (117)	12.2 (124)	11.9 (110)	1.2 (9)	63.8 (647)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

PUBLIC PARKING

- Nearly 90% of the sample population reported that it is important or very important to have affordable, convenient, and safe public parking in the community (Figure 22).

Figure 22. Importance of affordable, convenient, and safe public parking



STREETS AND ROADS

- More than 90% of the sample population reported that well-maintained streets and roads (96%), crosswalks (94.1%), and sidewalks (92.8%) that are safe for all users are important or very important (Figure 23).
- Most (94.7%) reported that it is easy or very easy to read traffic signs in their community (Figure 24).

Figure 23. Importance of well-maintained streets and roads, crosswalks, and sidewalks that are safe for all users

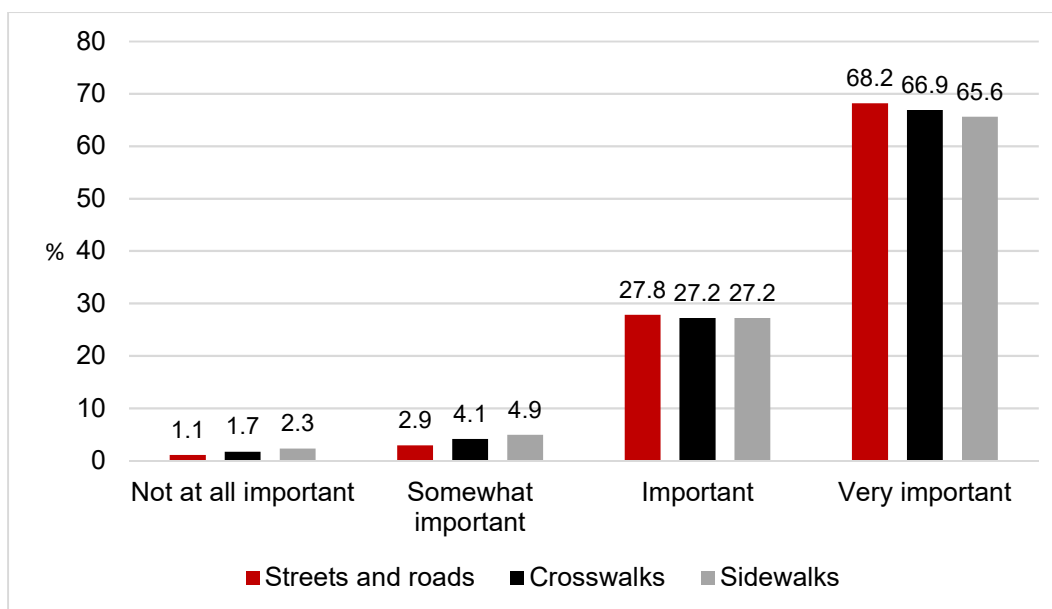
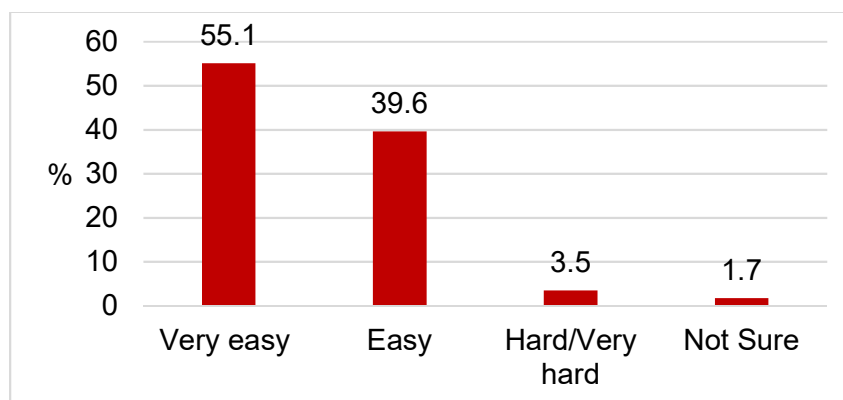


Figure 24. Ratings for ease of reading traffic signs in community



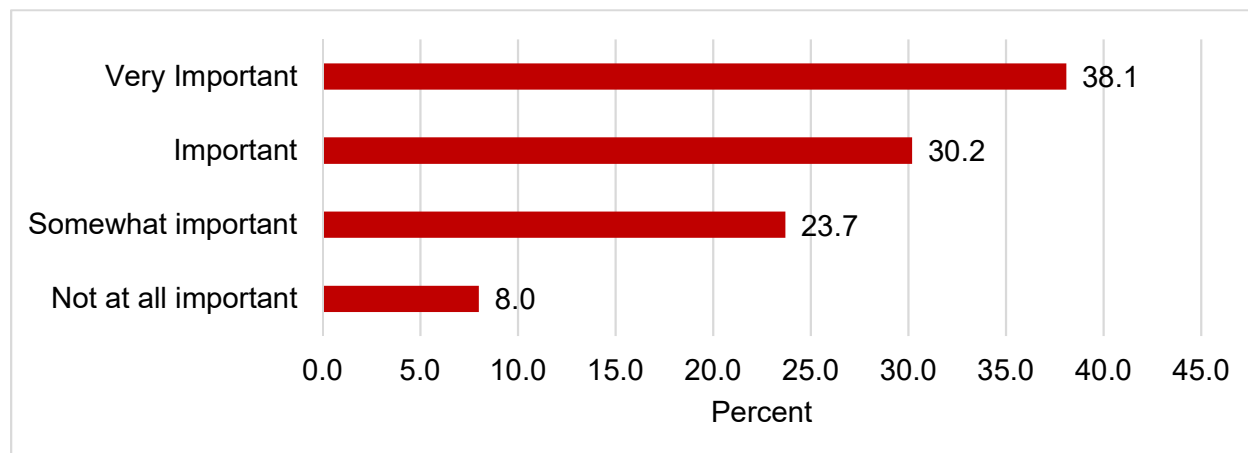
TRANSPORTATION

- The vast majority of the sample population (88.3%) reported “often” driving themselves around the community for purposes such as shopping and going to the doctor; about 17% reported “often” walking for these purposes (Table 22). Most reported never using public transportation (93.7%), taking a cab (92.6%), using Uber or Lyft (90.0%), or using transportation services provided by a senior center (92.8%) for these purposes.
- Despite few reporting using public transportation to get around the community, more than two-thirds of the sample population indicated that it is important or very important to have affordable, convenient, and safe public transportation in their community (Figure 25).

Table 22. Frequency and mode of transportation used to get around the community				
	Never % (n)	Rarely % (n)	Sometimes % (n)	Often % (n)
Walk	43.0 (444)	19.6 (200)	20.0 (200)	17.4 (162)
Drive yourself	7.8 (85)	0.8 (14)	3.1 (39)	88.3 (870)
Use public transportation such as Greene CATs	93.7 (942)	4.0 (41)	1.4 (16)	0.9 (8)
Take a cab or taxi	92.6 (937)	4.7 (41)	1.0 (12)	1.7 (17)
Use Uber or Lyft	90.0 (917)	6.9 (60)	2.1 (21)	1.0 (9)
Ride a bike	69.7 (732)	13.7 (130)	12.2 (110)	4.5 (36)
Have other people such as friends or family drive you	46.1 (451)	26.2 (256)	19.1 (205)	8.7 (95)
Use transportation services provided by a senior center	92.8 (929)	3.3 (35)	1.9 (21)	1.9 (21)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

Figure 25. Importance of having affordable, convenient, and safe public transportation in community



SENIOR CENTER TRANSPORTATION

- For most of the sample population, questions concerning senior center transportation were not applicable (78.8%). Among those who offered at least one “not applicable” rating (n = 220), sizeable percentages selected “not sure” or “not applicable” in response to individual items about senior center transportation services (Table 23).
- Among those offering ratings, approximately half rated affordability (49.3%), reliability (49.9%), safety (53.1%), quality of drivers (50.5%), and ease of use (48.1%) as good or excellent (Table 23). Frequency of service (18.5%) and availability of information on transportation services (15.9%) received the most poor/fair responses

Table 23. Ratings for senior center transportation services						
	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)	Not Applicable % (n)
Affordability	1.4 (3)	6.8 (17)	23.0 (51)	26.3 (57)	30.9 (64)	11.6 (27)
Reliability	2.2 (4)	6.4 (17)	25.6 (55)	24.3 (53)	31.4 (64)	10.1 (25)
Frequency of service	9.8 (20)	8.7 (23)	13.9 (29)	6.9 (12)	42.1 (90)	18.6 (45)
Service area	2.6 (6)	5.9 (14)	26.2 (54)	16.2 (36)	34.3 (75)	14.8 (35)
Safety	0.7 (2)	3.6 (10)	24.8 (48)	28.3 (65)	32.6 (69)	10.0 (25)
Quality of drivers	0.7 (3)	3.6 (10)	20.5 (41)	30.0 (66)	35.9 (75)	9.2 (25)
Ease of use	1.1 (3)	6.3 (15)	26.4 (57)	21.7 (47)	34.0 (71)	10.4 (27)
Availability of information on senior center transportation services	5.3 (11)	10.6 (24)	23.6 (55)	15.6 (35)	37.8 (76)	7.2 (19)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

SOCIAL ACTIVITIES

- More than 70% of adults indicated that social activities for community members of all ages (74.8%) and those geared towards older adults (71.9%) are important or very important to have in the community (Figure 26). Over 80% indicated that resources that inform community members about local activities and events are important or very important.
- Over 40% of adults rated the availability and accessibility of social activities or events geared towards older people in their community as good or excellent; a smaller percentage rated the affordability (38.9%) of these activities as good or excellent (Table 24). More than one-third of the sample population was not sure about the availability, affordability, and accessibility of social activities geared towards older people.
- More than 40% of the sample population rated the availability (47%) and accessibility (42.5%) of entertainment venues in their community as good or excellent, with 38.7% rating affordability as good or excellent (Table 24). Notably, however, 30% or more of the sample population rated the availability (38.6%), accessibility (30.8%), and affordability (32.9%) of entertainment venues in their community as poor or fair.

- Just under half (46%) of the sample population rated the availability of social activities involving people of all ages as good or excellent; nearly one-quarter rated availability as poor or fair and almost 30% were “not sure” about the availability of these types of activities (Table 24).
- More than half of the sample population was unsure about the availability of social activities that are welcoming to people attending alone; about 22% rated availability of these types of activities as poor or fair and 26% rated availability as good or excellent (Table 24).

Figure 26. Importance of social activities and information about local activities and events

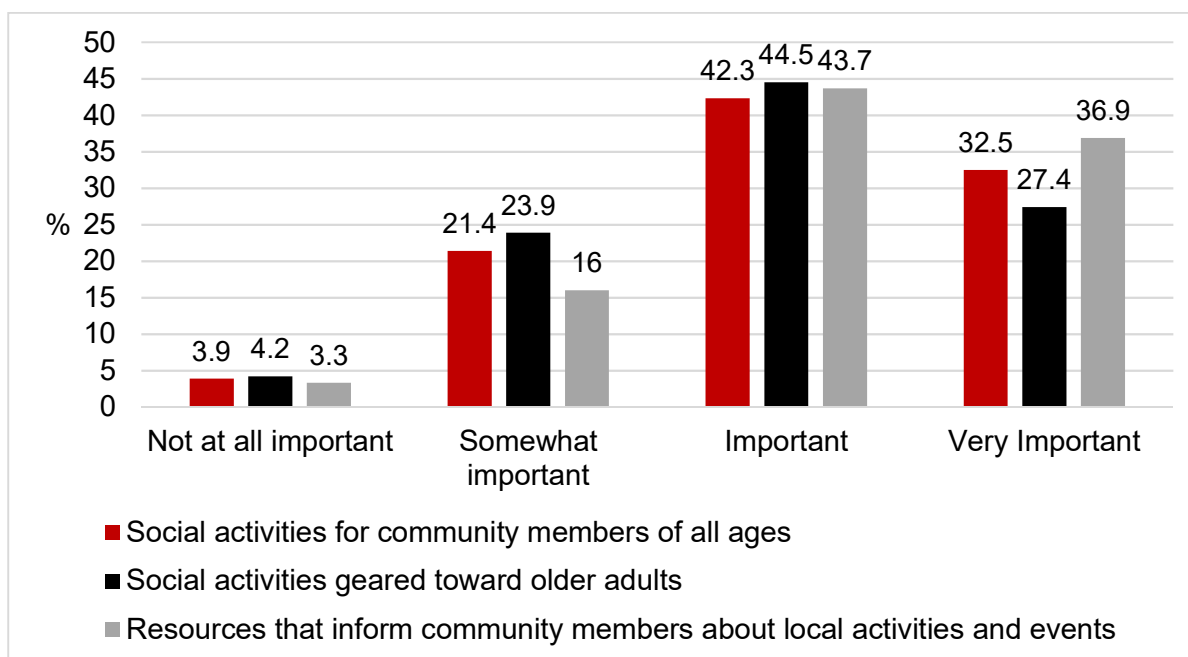


Table 24. Availability, affordability, and accessibility of social activities and entertainment venues in the community

	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
Availability of social activities or events geared towards older people	6.9 (82)	13.8 (145)	33.2 (330)	12.0 (112)	34.2 (338)
Affordability of social activities or events geared toward older people	6.4 (74)	10.9 (114)	28.0 (283)	10.9 (100)	43.8 (436)
Accessibility of social activities or events geared toward older people	7.9 (90)	11.9 (129)	31.6 (314)	10.6 (95)	38.1 (379)
Availability of local entertainment venues, like a bowling alley, music hall, museum, or movie theater	23.1 (285)	15.5 (164)	32.4 (288)	14.6 (120)	14.4 (151)
Affordability of local entertainment venues	15.5 (190)	17.4 (180)	30.5 (267)	8.2 (71)	28.4 (298)
Accessibility of local entertainment venues	15.8 (198)	15.0 (156)	31.9 (288)	10.6 (89)	26.7 (276)
Availability of social activities involving people of all ages	8.4 (107)	15.7 (164)	34.9 (333)	11.1 (95)	29.9 (308)
Availability of social activities that are welcoming to people attending alone	10.5 (129)	11.7 (116)	19.5 (186)	6.5 (60)	51.8 (517)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

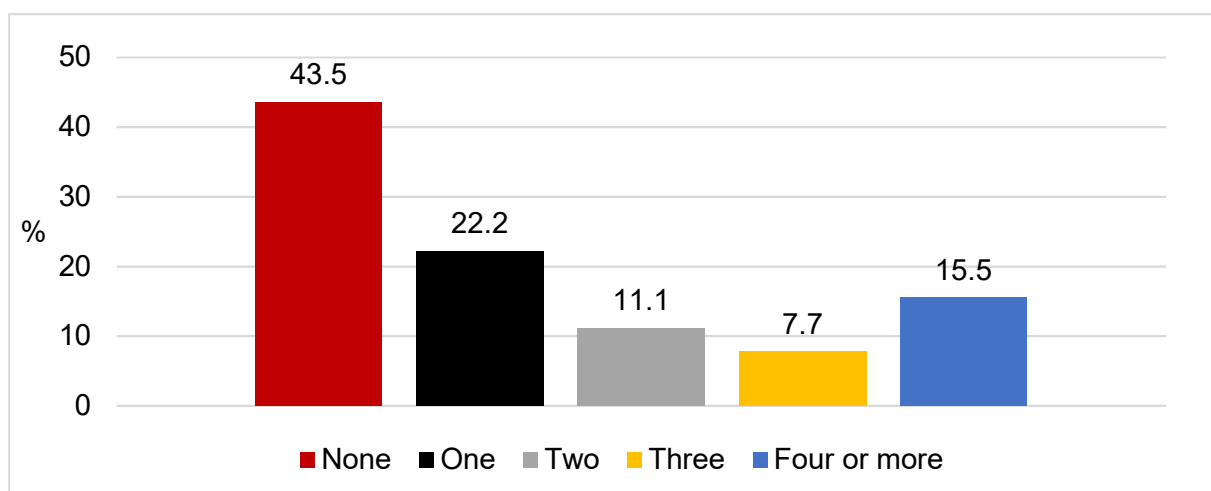
HEALTH STATUS

DEPRESSIVE SYMPTOMS

- The average number of depressive symptoms in the sample population was low (1.5 out of 8); however, 15.5% of the sample population reported experiencing 4 or more depressive symptoms in the prior week (Figure 27). Although not a clinical diagnosis, 4 or more symptoms is used in research settings to identify those with a significant level of depressive symptoms.⁶

⁶Steffick, D. E. (2000). Documentation of Affective Functioning Measures in the Health and Retirement Study. <https://hrs.isr.umich.edu/publications/biblio/5411>

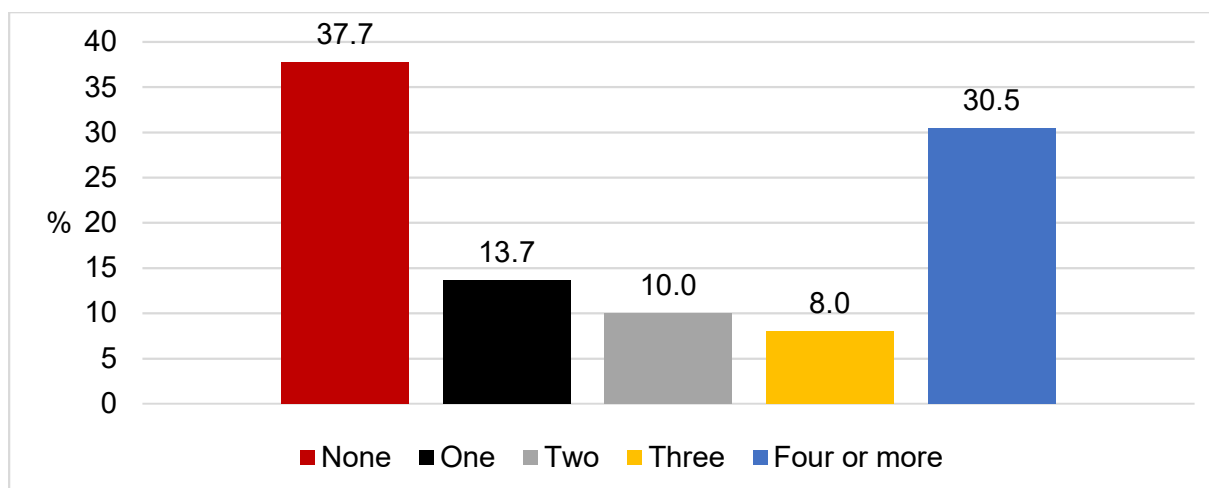
Figure 27. Number of depressive symptoms in the sample population



FUNCTIONAL LIMITATIONS

- More than 60% of the sample population reported one or more functional limitations, with about 30% of adults experiencing four or more limitations (Figure 28).
- Approximately 12% of the sample population reported usually using a wheelchair or walking aid to get around (data not shown).

Figure 28. Number of functional limitations in the sample population

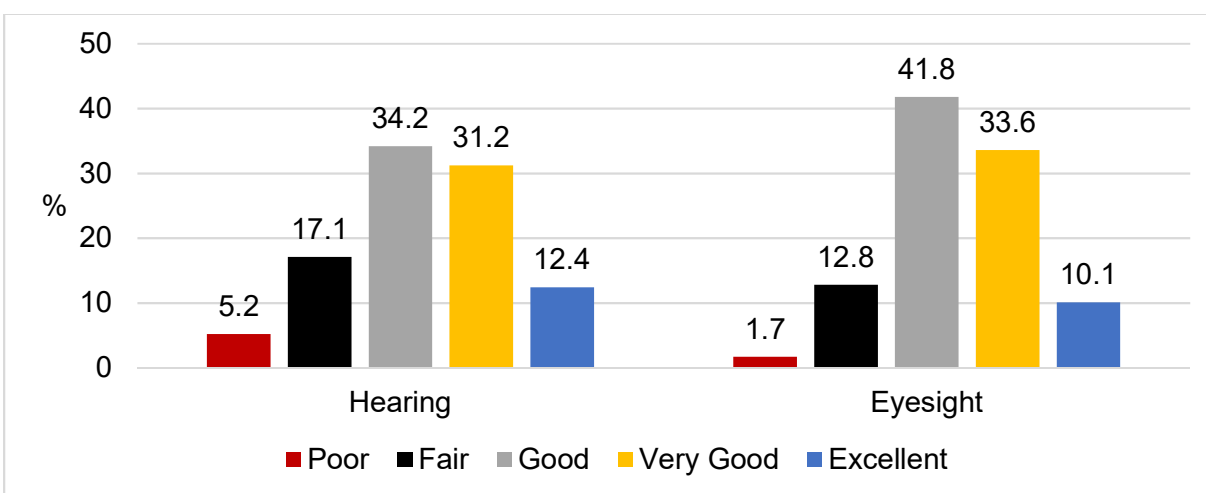


Note: Functional limitations include difficulty walking several blocks; walking one block; sitting for about two hours; getting up from a chair after sitting for long periods; climbing several flights of stairs without resting; climbing one flight of stairs without resting; stooping, kneeling, or crouching; reaching or extending your arms above shoulder level; pulling or pushing large objects like a living room chair; lifting or carrying weights over 10 pounds, like a heavy bag of groceries; and picking up a dime from a table.

HEARING AND VISION

- About three-quarters of the sample population rated their hearing (with a hearing aid if used) as good or better; just under a quarter of the sample population rated their hearing as poor or fair (Figure 29).
- Most of the sample population (85.5%) rated their eyesight (with corrective lenses if used) as good or better; a sizeable minority (14.5%) rated their eyesight as poor or fair (Figure 29).

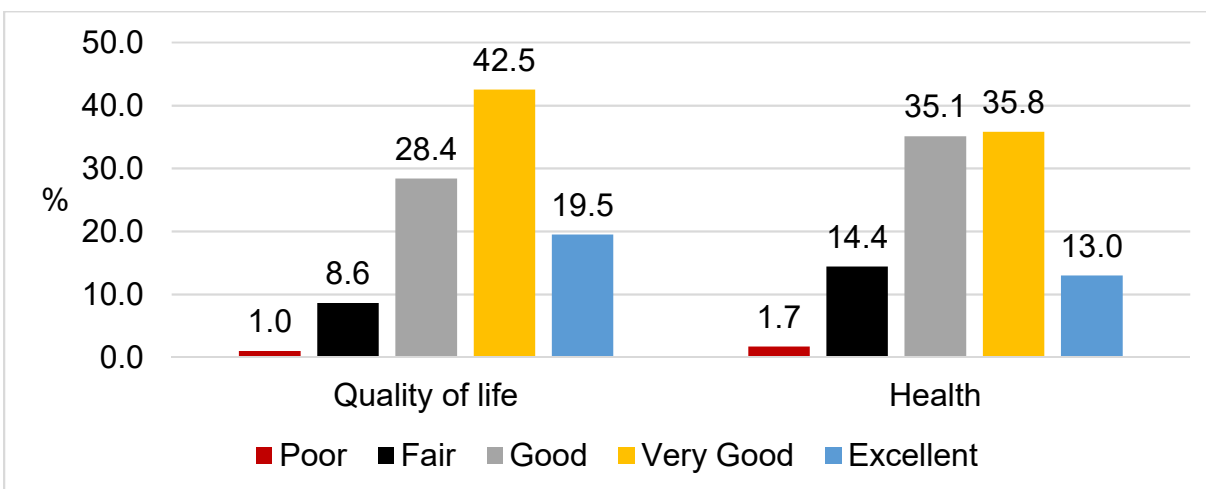
Figure 29. Self-rating of hearing and eyesight in the sample population



QUALITY OF LIFE AND SELF-RATED HEALTH

- Over 90% of the sample population rated their quality of life as good or better (Figure 30); most of the sample population (83.9%) also rated their health as good or better.

Figure 30. Self-rating of quality of life and health



ACTIVE ENGAGEMENT

- Walking for 20 minutes or more (55.6%); playing sports or exercising (39.6%); visiting with friends (38.7%) and family members (38.4%); attending religious services or meetings (35.6%); and doing activities with grandchildren, nieces/nephews, or neighborhood children (25.5%) were the activities most commonly engaged in on weekly or more frequent basis (Table 25).
- Activities with the highest percentage of “never” responses included participating in a local community arts group (84.4%), doing volunteer work with children or young people (81.1%), attending an educational or training course (70.8%), and caring for a sick or disabled adult (67.4; Table 25).

Table 25. Frequency of engagement in various activities before COVID-19 required physical distancing

	Never % (n)	Less than once a month % (n)	One to several times a month % (n)	Once a week or more % (n)
Visit with family members who do not live with you	3.7 (39)	17.8 (176)	40.0 (402)	38.4 (390)
Visit with friends who do not live with you	6.6 (72)	15.5 (151)	39.2 (396)	38.7 (388)
Care for a sick or disabled adult	67.4 (690)	11.1 (102)	8.8 (83)	12.8 (132)
Do activities with grandchildren, nieces/nephews, or neighborhood children	25.3 (247)	19.0 (197)	30.2 (304)	25.5 (259)
Do volunteer work with children or young people	81.1 (818)	7.9 (78)	6.2 (59)	4.7 (52)
Do any other volunteer or charity work	61.7 (623)	10.4 (98)	15.3 (153)	12.6 (133)
Attend an educational or training course	70.8 (733)	17.0 (159)	8.4 (80)	3.7 (36)
Go to a sport, social, or other club	54.4 (574)	13.7 (131)	19.0 (189)	12.8 (114)
Attend meetings of non-religious organizations	63.0 (649)	17.7 (163)	13.6 (135)	5.8 (60)
Attend religious services or meetings outside your home	40.3 (406)	10.3 (96)	13.8 (124)	35.6 (381)
Play sports or exercise	37.1 (409)	10.3 (103)	13.0 (123)	39.6 (372)
Walk for 20 minutes or more	16.5 (183)	9.9 (103)	18.0 (180)	55.6 (541)
Participate in a local community arts group	84.4 (853)	7.9 (72)	2.9 (30)	4.8 (53)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

ENGAGEMENT IN FITNESS ACTIVITIES

- Based on the percentage of the sample population indicating that they “often” engaged in the activity, the top fitness activities include walking for exercise (39.6%), gardening (33.7%), and balance and stretching classes (29.6%; Table 26). Using the same metric, the least endorsed activities were recreational team sports (0.4%), bowling (0.9%), canoeing or kayaking (1.0%), and martial arts (1.1%).

Table 26. Level of engagement in select fitness activities

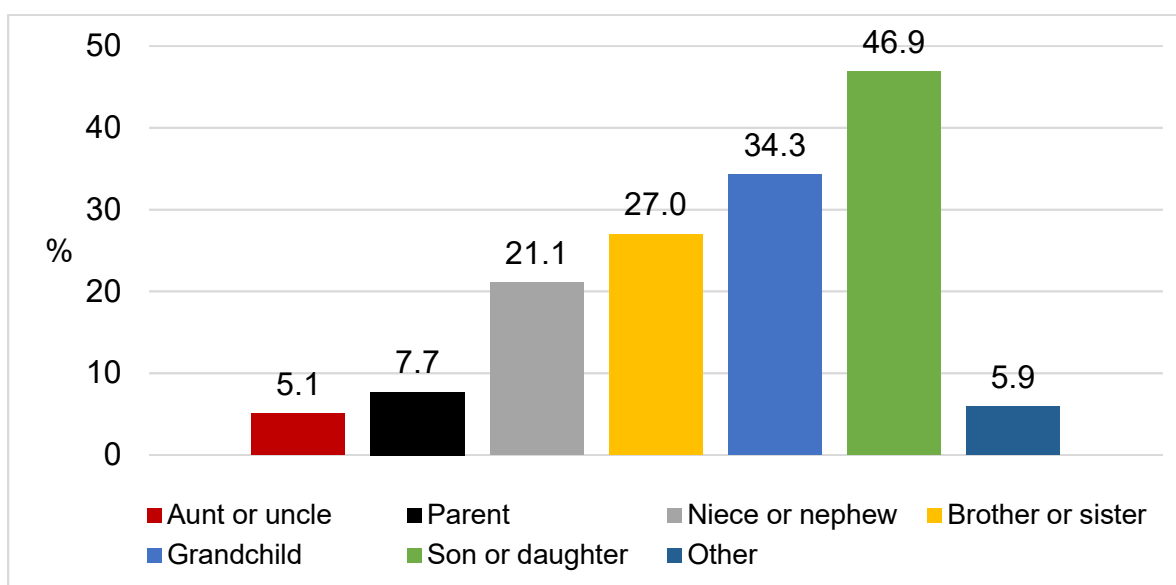
	Never % (n)	Rarely % (n)	Sometimes % (n)	Often % (n)
Balance and stretching classes	18.3 (199)	20.1 (205)	31.9 (333)	29.6 (271)
Biking, outdoors	61.9 (654)	16.1 (158)	12.8 (118)	9.2 (77)
Bowling	81.1 (834)	15.3 (136)	2.6 (28)	0.9 (8)
Calisthenics	56.8 (608)	15.0 (144)	15.9 (151)	12.3 (103)
Canoeing or kayaking	81.6 (849)	13.3 (112)	4.1 (38)	1.0 (9)
Dancing	73.0 (740)	16.2 (154)	8.7 (94)	2.1 (20)
Fitness classes	73.3 (749)	10.8 (101)	9.7 (97)	6.1 (60)
Gardening	25.8 (279)	13.6 (132)	26.8 (265)	33.7 (331)
Golfing	81.6 (843)	5.4 (48)	5.5 (46)	7.5 (70)
Hiking	47.7 (516)	14.7 (141)	26.9 (250)	10.8 (100)
Jogging or running	81.4 (848)	10.9 (95)	4.3 (34)	3.3 (30)
Martial arts	96.5 (973)	1.6 (15)	0.9 (10)	1.1 (10)
Racket sports	87.4 (887)	7.0 (67)	3.1 (32)	2.6 (21)
Recreational team sports	91.8 (937)	6.0 (51)	1.8 (16)	0.4 (3)
Cardio workouts with machines	48.3 (519)	15.2 (135)	23.3 (225)	13.2 (128)
Strength training or weight lifting	54.1 (581)	15.4 (142)	18.7 (180)	11.7 (104)
Swimming for exercise	70.6 (732)	15.8 (140)	9.7 (102)	3.8 (34)
Walking for exercise	16.3 (176)	12.6 (123)	31.5 (336)	39.6 (372)
Winter activities	88.1 (905)	8.0 (66)	1.8 (16)	2.1 (20)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

POTENTIAL SOCIAL SUPPORT

- Nearly half of the sample population (46.9%) has a son or daughter living within ten miles of them (Figure 31); approximately one-third (34.3%) and one-quarter (27%) have a grandchild or sibling living within 10 miles, respectively. About 1 in 5 adults has a niece or nephew within 10 miles.
- The majority of respondents indicated that they could count on those around them to help “a great deal” if they were sick in bed (64.0%), needed to know where to get help with a problem (62.5%), and needed to talk about problems and private feelings (55.6%; Table 27). For more than 1 in 10 adults, however, no more than “a little” help was perceived to be available for such purposes.
- When asked if there were relatives or friends *other than a spouse or partner* who would be willing and able to help if they needed assistance with basic personal care activities over a long period of time, roughly 60% of adults responded no (31%) or were not sure (29.6%; data not depicted).

Figure 31. Percent of sample population with various relatives living within 10 miles



Note: Excludes relatives residing in the respondent's household.

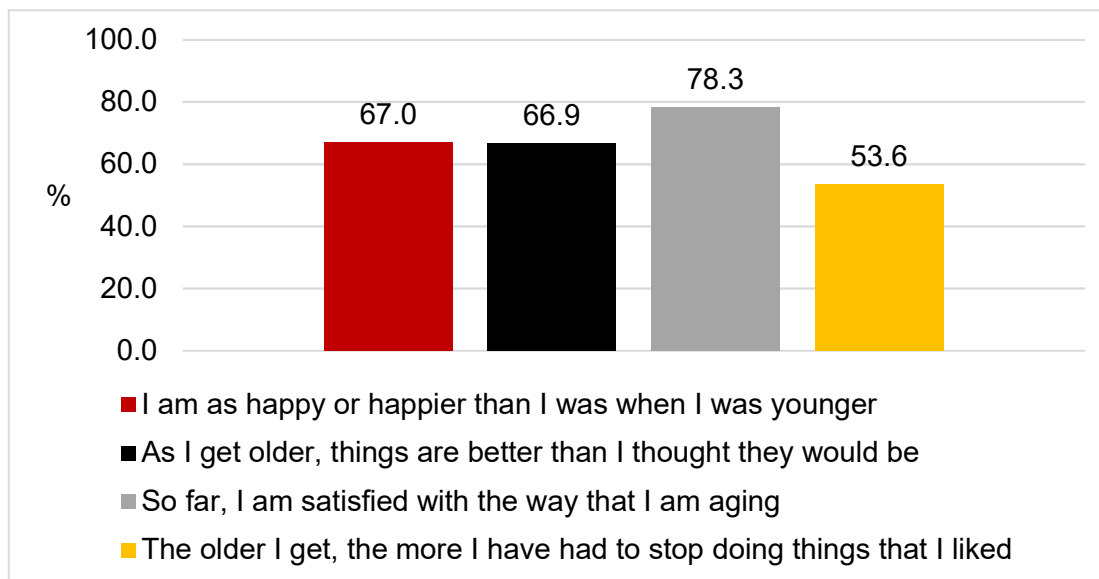
Table 27. Perceived availability of support				
	Not at all % (n)	A little % (n)	Some % (n)	A great deal % (n)
If you were sick in bed, how much could you count on the people around you to help out?	5.0 (51)	11.6 (115)	19.3 (209)	64.0 (631)
If you needed to talk about your problems and private feelings, how much would the people around you be willing to listen?	5.4 (49)	11.9 (123)	27.1 (289)	55.6 (545)
If you needed to know where to go to get help with a problem, how much would the people around you be willing to help?	2.9 (28)	9.2 (101)	25.4 (255)	62.5 (623)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

EXPERIENCE OF GROWING OLDER

- Most of the sample population rated the experience of growing older positively. Nearly 8 in 10 respondents indicated that they are satisfied with the way they are aging (Figure 32). Nearly 7 in 10 agreed that they are as happy or happier than they were when they were younger and that things are better than they thought they would be.
- Just over half of the sample population agreed that the older they get, the more they have had to stop doing things that they liked (Figure 32).

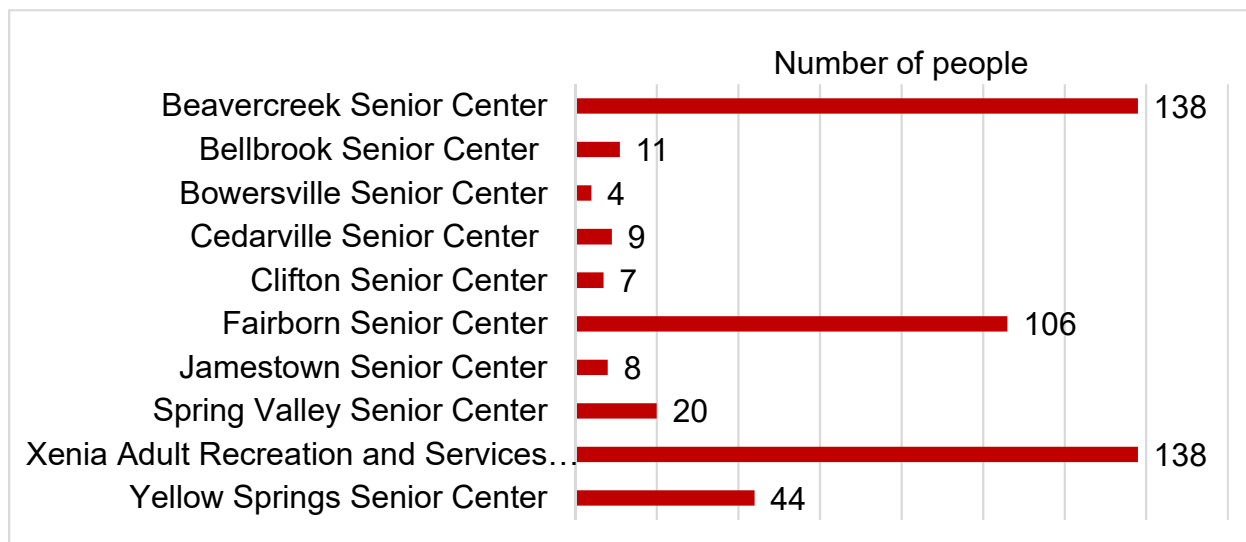
Figure 32. Percent of the sample population agreeing or strongly agreeing with each statement about the experience of growing older.



SENIOR CENTER PARTICIPATION

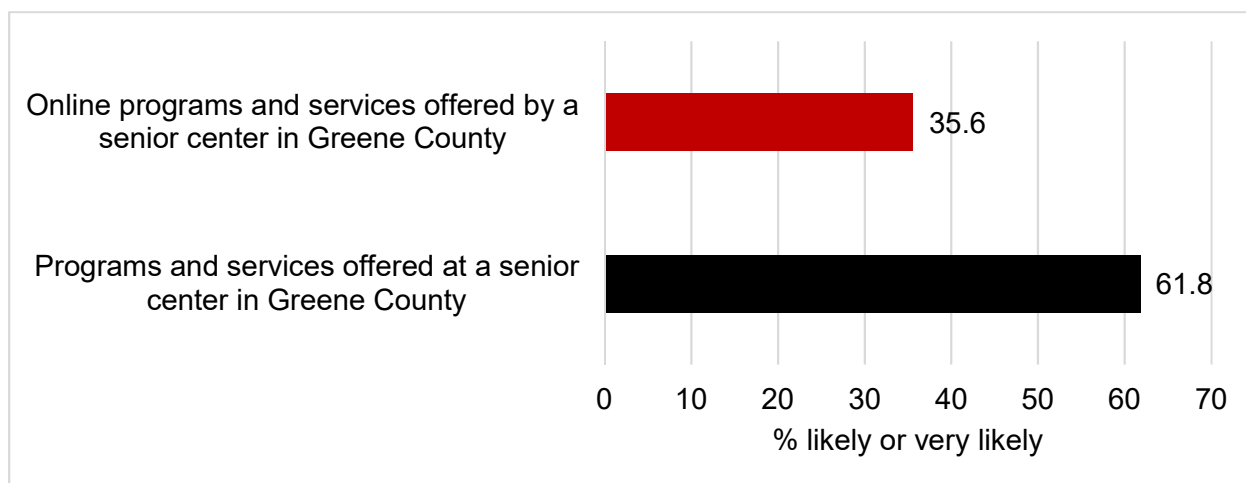
- Approximately one-third (35.2%) of the sample population indicated that they had ever participated in activities or programs offered by a Greene County senior center (data not depicted). Beaver Creek Senior Center (n = 138), Fairborn Senior Center (n = 106), and the Xenia Adult Recreation and Services Center (n=138) were the most frequently endorsed centers (Figure 33).
- Over 60% of the sample population indicated that they are likely or very likely to participate in programs and services offered at a senior center in Greene County in the future (Figure 34). The percentage was smaller for online senior center programs and services, with 35.6% of the sample population indicating that they are likely or very likely to participate in the future.

Figure 33. Number of respondents indicating that they had ever participated in activities or programs offered by various Greene County senior centers



Note: Respondents could select as many centers as applied.

Figure 34. Percent of the sample population that is likely or very likely to participate in Greene County senior center programs and services in the future

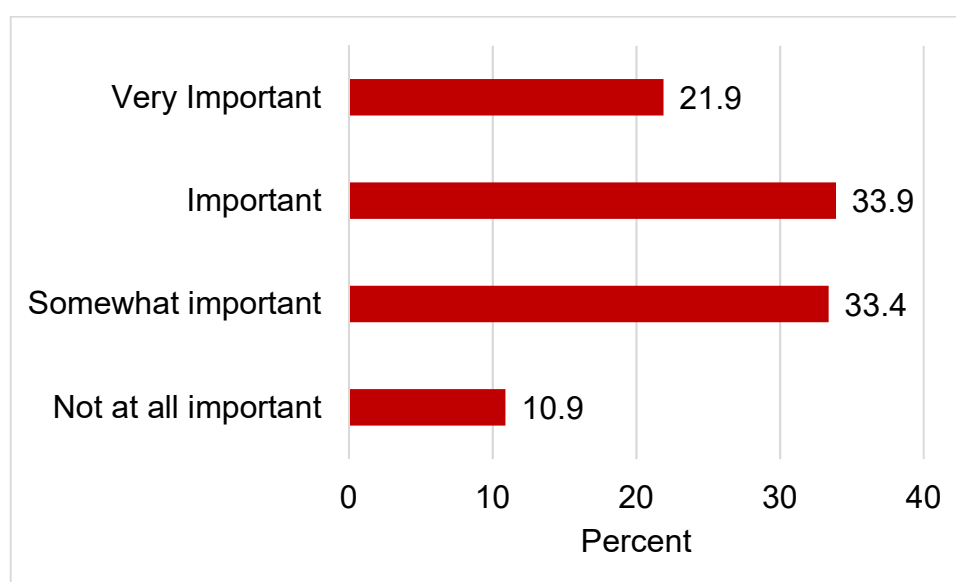


SENIOR CENTER ACTIVITIES

AGE-INTEGRATED ACTIVITIES

- Over half of the sample population (55.8%) indicated that it is important or very important that senior centers offer activities and programs that bring people of all ages together (Figure 35).

Figure 35. Importance of offering senior center activities and programs that bring people of all ages together



FITNESS ACTIVITIES

- The top fitness activities of “great” interest to the sample population include balance and stretching classes (23.3%), nature walks or hiking (18.0%), fitness classes (16.5%), cardio workouts with machines (16%), walking club (15.1%), and strength training classes (14.1%; Table 28).
- The same fitness activities are at the top when including those with at least some interest: balance and stretching classes (70.2%), nature walks or hiking (64.6%), cardio workouts with machines (58.7%), walking club (57.1%), fitness classes (53.0%), and strength training classes (48.7%).

Table 28. Interest in various fitness activities if sponsored/coordinated by a local senior center, the GCCOA, or other community organization

	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Balance and stretching/flexibility classes	29.8 (300)	46.9 (466)	23.3 (241)
Biking club	70.5 (741)	22.5 (205)	7.0 (61)
Bowling	72.4 (733)	25.2 (247)	2.5 (27)
Calisthenics classes	71.5 (739)	22.1 (205)	6.4 (64)
Canoeing or kayaking	69.4 (733)	24.5 (223)	6.1 (51)
Community gardening	61.0 (632)	30.8 (300)	8.2 (75)
Dancing	68.2 (697)	24.3 (238)	7.5 (72)
Fitness classes	47.1 (486)	36.5 (361)	16.5 (161)
Golfing	76.9 (802)	16.7 (145)	6.4 (59)
Nature walks or hiking	35.4 (376)	46.6 (463)	18.0 (168)
Jogging or running club	89.3 (908)	7.7 (69)	3.0 (30)
Martial arts	85.2 (865)	11.1 (105)	3.7 (37)
Racket sports	71.4 (727)	24.0 (236)	4.6 (44)
Recreational team sports	85.2 (873)	12.7 (115)	2.1 (19)
Cardio workouts with machines	41.3 (429)	42.7 (423)	16.0 (155)
Strength training or weight lifting classes	51.3 (547)	34.6 (334)	14.1 (126)
Indoor or outdoor lap swimming	60.9 (636)	28.5 (271)	10.7 (99)
Walking club	42.9 (443)	42.0 (419)	15.1 (145)
Winter activities	86.4 (885)	11.3 (101)	2.3 (20)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

CIVIC, CULTURAL, AND SOCIAL ACTIVITIES

- The top activities of “great” interest to the sample population include cultural and social outings such as going to a concert, museum exhibit, baseball game, restaurant, or live theater (16.4%); group travel (13.8%); adult education (13.6%); crafts such as quilting, scrapbooking, or woodworking (11.7%); volunteer opportunities (9.6%); and games such as pool, bingo, chess, and Euchre (9.4%; Table 29).

- When including those with at least some interest, the top activities of interest are cultural and social outings (63.5%), volunteer opportunities (58.9%), group travel (57.2%), adult education (57.2%), and games (47%; Table 29).

Table 29. Interest in various civic, cultural, and social activities if sponsored/coordinated by a local senior center, the GCCOA, or other community organization			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Group travel, including local, national and international destinations	42.8 (428)	43.4 (430)	13.8 (149)
Adult education, like foreign language classes, computer training, job skills training, and financial management	42.9 (432)	43.6 (436)	13.6 (139)
Fine arts, like drawing, painting, and sculpting	62.8 (632)	28.8 (283)	8.4 (92)
Book club or other discussion groups, like current events and movie/film discussion groups	62.0 (629)	30.5 (295)	7.5 (83)
Creative arts classes, like creative writing, dance or music lessons, storytelling, theater/drama, and photography	66.8 (673)	26.4 (260)	6.9 (74)
Crafts, like quilting, scrapbooking, or woodworking	58.9 (583)	29.4 (308)	11.7 (116)
Parties, like Christmas, Hanukkah or Chinese New Year celebrations	65.9 (662)	26.9 (273)	7.2 (72)
Games, like billiards/pool, bingo, chess, corn hole, cribbage, dominoes, and Euchre	53.0 (535)	37.6 (374)	9.4 (98)
Cultural and social outings (concert, museum exhibit, baseball game, restaurant, live theater)	36.5 (369)	47.1 (473)	16.4 (165)
Outdoor activities, like bird watching, camping, or fishing	56.9 (581)	35.2 (348)	8.0 (77)
Friendly home visits	73.0 (722)	23.4 (247)	3.7 (37)
Volunteer opportunities	41.1 (437)	49.3 (481)	9.6 (89)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

HEALTH AND WELLNESS ACTIVITIES

- The top health and wellness activities of “great” interest to the sample population include complementary therapies such as acupressure, massage therapy, meditation, and reiki (22.0%); spa days (21.4%); hearing and vision screening (17.2%); and health screenings such as blood pressure, blood sugar, cholesterol, and osteoporosis screening (16.6%; Table 30).
- The top activities of interest are similar when those with at least some interest are included: health screenings (61.9%), hearing and vision screening (59.3%), complementary therapies (58.8%), and spa days (52.9%; Table 30).

Table 30. Interest in various health and wellness activities if sponsored/coordinated by a local senior center, the GCCOA, or other community organization			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Complementary therapies	41.1 (425)	36.8 (361)	22.0 (221)
Spa days	47.1 (466)	31.5 (330)	21.4 (211)
Fall risk screening	54.4 (533)	34.8 (368)	10.8 (107)
Health screenings	38.1 (389)	45.3 (459)	16.6 (159)
Hearing and vision screening	40.6 (416)	42.1 (420)	17.2 (171)
Home safety screening	61.5 (610)	30.4 (313)	8.1 (84)
Telephone reassurance or check-ins	74.7 (732)	20.2 (225)	5.0 (51)
Support groups	62.9 (636)	30.3 (303)	6.7 (68)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

VIRTUAL OR ONLINE ACTIVITIES

- The top virtual or online activities of “great” interest to the sample population include cognitive or brain training (11.6%); concerts and performances such as music, dance, and theater (10.6%); adult education (9.2%); crafting activities (8.8%); instructor-led fitness classes (8.7%); and nutrition education (8.6%; Table 31).

- When those with at least some interest are included, top activities include cognitive or brain training (50.3%), nutrition education (47.1%), concerts and performances (47.0%), adult education (44.6%), and illness management classes (42.5%; Table 31).

Table 31. Interest in various virtual or online activities if sponsored/coordinated by a local senior center, the GCCOA, or other community organization

	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Virtual travel to local, national, or international attractions	63.3 (631)	30.6 (314)	6.1 (61)
Instructor-led fitness classes	60.8 (623)	30.5 (297)	8.7 (87)
Cognitive or brain training	49.7 (505)	38.7 (389)	11.6 (113)
Illness management classes	57.5 (565)	34.6 (357)	7.9 (85)
Nutrition education	53.0 (534)	38.5 (379)	8.6 (94)
Stress reduction classes	61.5 (617)	30.3 (308)	8.2 (81)
Support groups	68.0 (685)	27.4 (272)	4.6 (49)
Adult education	55.4 (568)	35.4 (347)	9.2 (92)
Creative arts classes	71.9 (720)	21.9 (219)	6.1 (68)
Concerts and performances	53.0 (538)	36.4 (359)	10.6 (111)
Crafting activities	69.9 (684)	21.3 (233)	8.8 (90)
Book club or other discussion groups	71.6 (725)	22.5 (221)	5.9 (61)

Note: Percentages are weighted to reflect the sample population; sample numbers (n) are not weighted.

APPENDICES

APPENDIX A: COMMUNITY-SPECIFIC RESPONSES FOR SELECT INTEREST ITEMS

As part of the survey, we asked participants how much interest they would have in various activities, programs, and services if sponsored or coordinated by a local senior center, the Greene County Council on Aging, or other community organization. In Appendix A, community-specific responses are provided for communities with at least 20 respondents. Community data are presented in alphabetical order and are not weighted. Reported sample numbers (n) reflect the number of individuals providing each response averaged across imputed data sets.

Table A1. Interest in various fitness activities: Bath (n = 221)

	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Balance and stretching/flexibility classes	34.0 (75)	41.3 (91)	24.7 (55)
Biking club	73.0 (161)	21.0 (46)	6.0 (13)
Bowling	71.1 (157)	27.0 (60)	1.9 (4)
Calisthenics classes	78.3 (173)	16.3 (36)	5.4 (12)
Canoeing or kayaking	75.6 (167)	20.8 (46)	3.6 (8)
Community gardening	66.8 (148)	26.2 (58)	7.0 (16)
Dancing	68.3 (151)	24.3 (54)	7.3 (16)
Fitness classes	55.2 (122)	31.4 (69)	13.4 (30)
Golfing	83.3 (184)	11.5 (26)	5.1 (11)
Nature walks or hiking	40.8 (90)	45.3 (100)	13.9 (31)
Jogging or running club	92.4 (204)	4.5 (10)	3.1 (7)
Martial arts	83.0 (183)	13.8 (31)	3.2 (7)
Racket sports	78.6 (174)	17.9 (40)	3.4 (8)
Recreational team sports	87.9 (194)	11.5 (25)	0.6 (1)
Cardio workouts with machines	50.8 (112)	38.2 (85)	10.9 (24)
Strength training or weight lifting classes	62.9 (139)	27.8 (61)	9.3 (21)
Indoor or outdoor lap swimming	66.6 (147)	24.1 (53)	9.2 (20)
Walking club	48.8 (108)	35.3 (78)	15.9 (35)
Winter activities	86.5 (191)	12.4 (27)	1.1 (2)

Table A2. Interest in various civic, cultural, and social activities: Bath (n = 221)			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Group travel, including local, national and international destinations	39.7 (88)	45.7 (101)	14.6 (32)
Adult education, like foreign language classes, computer training, job skills training, and financial management	41.7 (92)	45.5 (101)	12.9 (28)
Fine arts, like drawing, painting, and sculpting	62.6 (138)	26.6 (59)	10.8 (24)
Book club or other discussion groups, like current events and movie/film discussion groups	62.0 (137)	25.9 (57)	12.1 (27)
Creative arts classes, like creative writing, dance or music lessons, storytelling, theater/drama, and photography	64.5 (143)	25.0 (55)	10.4 (23)
Crafts, like quilting, scrapbooking, or woodworking	60.8 (134)	26.0 (58)	13.1 (29)
Parties, like Christmas, Hanukkah or Chinese New Year celebrations	61.6 (136)	28.7 (63)	9.7 (22)
Games, like billiards/pool, bingo, chess, corn hole, cribbage, dominoes, and Euchre	48.2 (107)	38.0 (84)	13.7 (30)
Cultural and social outings (concert, museum exhibit, baseball game, restaurant, live theater)	37.5 (83)	44.8 (99)	17.6 (39)
Outdoor activities, like bird watching, camping, or fishing	58.1 (128)	33.6 (74)	8.3 (18)
Friendly home visits	66.3 (147)	30.7 (68)	3.0 (7)
Volunteer opportunities	47.5 (105)	44.5 (98)	8.0 (18)

Table A3. Interest in various health and wellness activities: Bath (n = 221)			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Complementary therapies	41.2 (91)	32.9 (73)	25.8 (57)
Spa days	43.5 (96)	32.2 (71)	24.3 (54)
Fall risk screening	53.8 (119)	33.8 (75)	12.4 (27)
Health screenings	40.7 (90)	44.5 (98)	14.9 (33)
Hearing and vision screening	40.6 (90)	40.3 (89)	19.1 (42)
Home safety screening	57.9 (128)	31.4 (69)	10.7 (24)
Telephone reassurance or check-ins	65.3 (144)	27.4 (61)	7.3 (16)
Support groups	59.9 (132)	32.7 (72)	7.4 (16)

Table A4. Interest in various virtual or online activities: Bath (n = 221)			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Virtual travel to local, national, or international attractions	63.2 (140)	30.2 (67)	6.6 (15)
Instructor-led fitness classes	65.3 (144)	26.9 (59)	7.8 (17)
Cognitive or brain training	49.8 (110)	39.8 (88)	10.4 (23)
Illness management classes	53.3 (118)	39.5 (87)	7.2 (16)
Nutrition education	53.3 (118)	37.1 (82)	9.7 (21)
Stress reduction classes	59.9 (132)	31.6 (70)	8.4 (19)
Support groups	70.6 (156)	24.3 (54)	5.1 (11)
Adult education	56.8 (126)	33.1 (73)	10.1 (22)
Creative arts classes	69.7 (154)	21.4 (47)	8.9 (20)
Concerts and performances	58.5 (129)	29.0 (64)	12.6 (28)
Crafting activities	68.1 (151)	21.8 (48)	10.1 (22)
Book club or other discussion groups	71.5 (158)	23.7 (52)	4.8 (11)

Table A5. Interest in various fitness activities: Beaver Creek (n = 271)			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Balance and stretching/flexibility classes	21.1 (57)	49.9 (135)	29.1 (79)
Biking club	72.8 (197)	21.5 (58)	5.7 (16)
Bowling	74.1 (201)	24.6 (67)	1.4 (4)
Calisthenics classes	74.4 (202)	19.4 (53)	6.3 (17)
Canoeing or kayaking	67.9 (184)	26.0 (70)	6.1 (17)
Community gardening	56.0 (152)	34.3 (93)	9.7 (26)
Dancing	65.2 (177)	28.2 (76)	6.6 (18)
Fitness classes	36.4 (99)	41.1 (111)	22.5 (61)
Golfing	72.9 (197)	22.6 (61)	4.6 (12)
Nature walks or hiking	31.3 (85)	45.9 (125)	22.7 (62)
Jogging or running club	89.1 (242)	7.9 (21)	3.0 (8)
Martial arts	83.7 (227)	11.2 (30)	5.1 (14)
Racket sports	69.1 (187)	27.2 (74)	3.7 (10)
Recreational team sports	86.8 (235)	11.5 (31)	1.6 (4)
Cardio workouts with machines	32.9 (89)	47.2 (128)	19.8 (54)
Strength training or weight lifting classes	45.2 (123)	36.0 (98)	18.8 (51)
Indoor or outdoor lap swimming	59.6 (162)	30.2 (82)	10.2 (28)
Walking club	36.2 (98)	42.7 (116)	21.0 (57)
Winter activities	86.1 (233)	11.6 (31)	2.3 (6)

Table A6. Interest in various civic, cultural, and social activities: Beavercreek (n = 271)			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Group travel, including local, national and international destinations	36.5 (99)	46.6 (126)	16.9 (46)
Adult education, like foreign language classes, computer training, job skills training, and financial management	38.0 (103)	43.7 (118)	18.4 (50)
Fine arts, like drawing, painting, and sculpting	59.3 (161)	32.0 (87)	8.6 (23)
Book club or other discussion groups, like current events and movie/film discussion groups	58.1 (157)	32.5 (88)	9.4 (26)
Creative arts classes, like creative writing, dance or music lessons, storytelling, theater/drama, and photography	64.5 (175)	30.1 (82)	5.4 (15)
Crafts, like quilting, scrapbooking, or woodworking	54.1 (147)	30.2 (82)	15.7 (43)
Parties, like Christmas, Hanukkah or Chinese New Year celebrations	64.5 (175)	28.2 (76)	7.4 (20)
Games, like billiards/pool, bingo, chess, corn hole, cribbage, dominoes, and Euchre	54.6 (148)	35.9 (97)	9.5 (26)
Cultural and social outings (concert, museum exhibit, baseball game, restaurant, live theater)	32.1 (87)	50.0 (135)	17.9 (49)
Outdoor activities, like bird watching, camping, or fishing	58.1 (157)	33.2 (90)	8.8 (24)
Friendly home visits	77.6 (210)	20.1 (54)	2.3 (6)
Volunteer opportunities	36.4 (99)	50.5 (137)	13.1 (35)

Table A7. Interest in various health and wellness activities: Beavercreek (n = 271)			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Complementary therapies	39.4 (107)	36.2 (98)	24.4 (66)
Spa days	46.1 (125)	28.5 (77)	25.4 (69)
Fall risk screening	48.3 (131)	40.0 (108)	11.8 (32)
Health screenings	37.7 (102)	42.8 (116)	19.5 (53)
Hearing and vision screening	40.0 (109)	42.2 (114)	17.8 (48)
Home safety screening	60.4 (164)	30.9 (84)	8.7 (24)
Telephone reassurance or check-ins	76.7 (208)	19.2 (52)	4.1 (11)
Support groups	60.8 (165)	33.3 (90)	6.0 (16)

Table A8. Interest in various virtual or online activities: Beavercreek (n = 271)			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Virtual travel to local, national, or international attractions	59.2 (161)	33.2 (90)	7.5 (20)
Instructor-led fitness classes	52.7 (143)	35.1 (95)	12.2 (33)
Cognitive or brain training	44.7 (121)	41.4 (112)	13.8 (38)
Illness management classes	58.3 (158)	34.8 (94)	6.9 (19)
Nutrition education	49.4 (134)	41.2 (112)	9.4 (26)
Stress reduction classes	61.0 (165)	31.3 (85)	7.7 (21)
Support groups	65.7 (178)	31.0 (84)	3.3 (9)
Adult education	51.3 (139)	38.1 (103)	10.7 (29)
Creative arts classes	70.3 (190)	25.2 (68)	4.5 (12)
Concerts and performances	49.9 (135)	38.8 (105)	11.3 (31)
Crafting activities	65.5 (178)	25.4 (69)	9.1 (25)
Book club or other discussion groups	67.7 (183)	25.5 (69)	6.8 (19)

Table A9. Interest in various fitness activities: Bellbrook City (n = 47)			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Balance and stretching/flexibility classes	20.4 (10)	48.7 (23)	30.9 (15)
Biking club	67.6 (32)	27.3 (13)	5.1 (2)
Bowling	71.9 (34)	27.7 (13)	0.4 (0)
Calisthenics classes	62.4 (29)	36.3 (17)	1.3 (1)
Canoeing or kayaking	55.2 (26)	29.7 (14)	15.1 (7)
Community gardening	48.7 (23)	40.3 (19)	11.0 (5)
Dancing	55.9 (26)	37.8 (18)	6.4 (3)
Fitness classes	36.6 (17)	41.4 (19)	22.0 (10)
Golfing	66.6 (31)	22.3 (11)	11.1 (5)
Nature walks or hiking	26.7 (13)	47.0 (22)	26.3 (12)
Jogging or running club	87.0 (41)	7.3 (3)	5.6 (3)
Martial arts	85.4 (40)	10.0 (5)	4.6 (2)
Racket sports	61.3 (29)	34.4 (16)	4.4 (2)
Recreational team sports	85.4 (40)	12.3 (6)	2.2 (1)
Cardio workouts with machines	42.1 (20)	38.1 (18)	19.8 (9)
Strength training or weight lifting classes	38.7 (18)	35.4 (17)	25.9 (12)
Indoor or outdoor lap swimming	54.0 (25)	33.1 (16)	12.9 (6)
Walking club	48.7 (23)	46.3 (22)	5.0 (2)
Winter activities	83.2 (39)	14.1 (7)	2.7 (1)

Table A10. Interest in various civic, cultural, and social activities: Bellbrook City (n = 47)			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Group travel, including local, national and international destinations	36.4 (17)	56.7 (27)	6.9 (3)
Adult education, like foreign language classes, computer training, job skills training, and financial management	29.5 (14)	63.9 (30)	6.6 (3)
Fine arts, like drawing, painting, and sculpting	49.5 (23)	37.3 (18)	13.2 (6)
Book club or other discussion groups, like current events and movie/film discussion groups	69.4 (33)	28.1 (13)	2.6 (1)
Creative arts classes, like creative writing, dance or music lessons, storytelling, theater/drama, and photography	64.6 (30)	26.6 (13)	8.8 (4)
Crafts, like quilting, scrapbooking, or woodworking	53.6 (25)	37.1 (17)	9.3 (4)
Parties, like Christmas, Hanukkah or Chinese New Year celebrations	62.2 (29)	28.2 (13)	9.6 (5)
Games, like billiards/pool, bingo, chess, corn hole, cribbage, dominoes, and Euchre	53.5 (25)	39.3 (18)	7.2 (3)
Cultural and social outings (concert, museum exhibit, baseball game, restaurant, live theater)	27.0 (13)	55.1 (26)	17.9 (8)
Outdoor activities, like bird watching, camping, or fishing	55.3 (26)	33.7 (16)	11.0 (5)
Friendly home visits	74.6 (35)	20.6 (10)	4.8 (2)
Volunteer opportunities	39.7 (19)	53.2 (25)	7.1 (3)

**Table A11. Interest in various health and wellness activities:
Bellbrook City (n = 47)**

	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Complementary therapies	26.8 (13)	46.8 (22)	26.4 (12)
Spa days	39.9 (19)	42.2 (20)	17.9 (8)
Fall risk screening	62.0 (29)	29.1 (14)	8.8 (4)
Health screenings	40.2 (19)	53.1 (25)	6.7 (3)
Hearing and vision screening	38.3 (18)	50.5 (24)	11.2 (5)
Home safety screening	66.6 (31)	29.1 (14)	4.3 (2)
Telephone reassurance or check-ins	80.4 (38)	17.3 (8)	2.2 (1)
Support groups	66.7 (31)	26.9 (13)	6.4 (3)

Table A12. Interest in various virtual or online activities: Bellbrook City (n = 47)

	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Virtual travel to local, national, or international attractions	49.1 (23)	42.3 (20)	8.5 (4)
Instructor-led fitness classes	57.3 (27)	27.7 (13)	15.0 (7)
Cognitive or brain training	41.6 (20)	49.7 (23)	8.7 (4)
Illness management classes	59.7 (28)	33.8 (16)	6.5 (3)
Nutrition education	48.6 (23)	44.8 (21)	6.6 (3)
Stress reduction classes	61.6 (29)	32.0 (15)	6.4 (3)
Support groups	75.1 (35)	24.9 (12)	0.0 (0)
Adult education	50.3 (24)	38.7 (18)	11.0 (5)
Creative arts classes	64.8 (30)	22.2 (10)	13.0 (6)
Concerts and performances	35.4 (17)	47.3 (22)	17.2 (8)
Crafting activities	69.0 (32)	22.3 (11)	8.6 (4)
Book club or other discussion groups	80.3 (38)	17.3 (8)	2.3 (1)

Table A13. Interest in various fitness activities: Miami (n = 56)			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Balance and stretching/flexibility classes	28.6 (16)	37.5 (21)	33.9 (19)
Biking club	75.0 (42)	14.3 (8)	10.7 (6)
Bowling	78.9 (44)	18.6 (10)	2.5 (1)
Calisthenics classes	74.1 (42)	17.3 (10)	8.6 (5)
Canoeing or kayaking	71.4 (40)	21.4 (12)	7.1 (4)
Community gardening	62.5 (35)	31.4 (18)	6.1 (3)
Dancing	78.6 (44)	17.9 (10)	3.6 (2)
Fitness classes	46.5 (26)	40.9 (23)	12.6 (7)
Golfing	82.1 (46)	10.7 (6)	7.1 (4)
Nature walks or hiking	30.6 (17)	53.1 (30)	16.3 (9)
Jogging or running club	93.2 (52)	5.7 (3)	1.1 (1)
Martial arts	90.9 (51)	3.7 (2)	5.4 (3)
Racket sports	72.1 (40)	14.7 (8)	13.1 (7)
Recreational team sports	83.5 (47)	14.5 (8)	2.1 (1)
Cardio workouts with machines	38.0 (21)	47.0 (26)	15.0 (8)
Strength training or weight lifting classes	41.9 (23)	47.0 (26)	11.2 (6)
Indoor or outdoor lap swimming	57.0 (32)	26.8 (15)	16.3 (9)
Walking club	51.8 (29)	39.3 (22)	8.9 (5)
Winter activities	86.9 (49)	11.1 (6)	2.1 (1)

Table A14. Interest in various civic, cultural, and social activities: Miami (n = 56)			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Group travel, including local, national and international destinations	52.5 (29)	34.7 (19)	12.8 (7)
Adult education, like foreign language classes, computer training, job skills training, and financial management	38.5 (22)	47.1 (26)	14.5 (8)
Fine arts, like drawing, painting, and sculpting	64.8 (36)	27.7 (16)	7.5 (4)
Book club or other discussion groups, like current events and movie/film discussion groups	48.6 (27)	44.3 (25)	7.1 (4)
Creative arts classes, like creative writing, dance or music lessons, storytelling, theater/drama, and photography	59.1 (33)	31.5 (18)	9.4 (5)
Crafts, like quilting, scrapbooking, or woodworking	66.6 (37)	28.4 (16)	5.0 (3)
Parties, like Christmas, Hanukkah or Chinese New Year celebrations	63.9 (36)	28.8 (16)	7.2 (4)
Games, like billiards/pool, bingo, chess, corn hole, cribbage, dominoes, and Euchre	54.6 (31)	37.1 (21)	8.2 (5)
Cultural and social outings (concert, museum exhibit, baseball game, restaurant, live theater)	31.1 (17)	51.1 (29)	17.9 (10)
Outdoor activities, like bird watching, camping, or fishing	52.8 (30)	38.3 (21)	8.9 (5)
Friendly home visits	73.7 (41)	22.5 (13)	3.8 (2)
Volunteer opportunities	27.1 (15)	62.1 (35)	10.7 (6)

Table A15. Interest in various health and wellness activities: Miami (n = 56)

	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Complementary therapies	37.5 (21)	44.6 (25)	17.9 (10)
Spa days	48.2 (27)	41.1 (23)	10.7 (6)
Fall risk screening	51.8 (29)	41.1 (23)	7.1 (4)
Health screenings	39.3 (22)	46.3 (26)	14.4 (8)
Hearing and vision screening	39.3 (22)	50.0 (28)	10.7 (6)
Home safety screening	62.5 (35)	33.9 (19)	3.6 (2)
Telephone reassurance or check-ins	78.6 (44)	14.3 (8)	7.1 (4)
Support groups	62.5 (35)	30.4 (17)	7.1 (4)

Table A16. Interest in various virtual or online activities: Miami (n = 56)

	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Virtual travel to local, national, or international attractions	75.0 (42)	19.6 (11)	5.4 (3)
Instructor-led fitness classes	56.9 (32)	32.4 (18)	10.7 (6)
Cognitive or brain training	59.4 (33)	29.6 (17)	11.1 (6)
Illness management classes	60.0 (34)	34.4 (19)	5.6 (3)
Nutrition education	65.3 (37)	25.5 (14)	9.2 (5)
Stress reduction classes	64.0 (36)	28.2 (16)	7.8 (4)
Support groups	61.4 (34)	33.1 (19)	5.4 (3)
Adult education	53.3 (30)	39.3 (22)	7.4 (4)
Creative arts classes	67.7 (38)	24.7 (14)	7.6 (4)
Concerts and performances	48.6 (27)	40.5 (23)	10.9 (6)
Crafting activities	74.1 (42)	18.5 (10)	7.4 (4)
Book club or other discussion groups	62.3 (35)	28.5 (16)	9.2 (5)

Table A17. Interest in various fitness activities: Sugarcreek (n = 53)			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Balance and stretching/flexibility classes	33.3 (18)	45.4 (24)	21.3 (11)
Biking club	57.5 (31)	23.3 (12)	19.2 (10)
Bowling	75.2 (40)	19.2 (10)	5.6 (3)
Calisthenics classes	64.3 (34)	22.5 (12)	13.1 (7)
Canoeing or kayaking	63.1 (33)	27.4 (15)	9.5 (5)
Community gardening	63.7 (34)	28.2 (15)	8.1 (4)
Dancing	76.3 (40)	12.3 (7)	11.4 (6)
Fitness classes	41.5 (22)	42.8 (23)	15.7 (8)
Golfing	66.4 (35)	23.7 (13)	9.9 (5)
Nature walks or hiking	33.8 (18)	41.5 (22)	24.7 (13)
Jogging or running club	83.3 (44)	11.4 (6)	5.3 (3)
Martial arts	88.2 (47)	7.9 (4)	3.9 (2)
Racket sports	68.9 (37)	25.4 (13)	5.8 (3)
Recreational team sports	84.0 (45)	14.1 (7)	2.0 (1)
Cardio workouts with machines	42.3 (22)	34.1 (18)	23.7 (13)
Strength training or weight lifting classes	52.7 (28)	27.7 (15)	19.5 (10)
Indoor or outdoor lap swimming	53.4 (28)	34.9 (19)	11.7 (6)
Walking club	36.9 (20)	51.5 (27)	11.6 (6)
Winter activities	82.7 (44)	7.8 (4)	9.4 (5)

Table A18. Interest in various civic, cultural, and social activities: Sugar Creek (n = 53)			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Group travel, including local, national and international destinations	52.2 (28)	32.7 (17)	15.1 (8)
Adult education, like foreign language classes, computer training, job skills training, and financial management	43.4 (23)	41.5 (22)	15.1 (8)
Fine arts, like drawing, painting, and sculpting	71.7 (38)	20.8 (11)	7.5 (4)
Book club or other discussion groups, like current events and movie/film discussion groups	59.5 (32)	32.7 (17)	7.7 (4)
Creative arts classes, like creative writing, dance or music lessons, storytelling, theater/drama, and photography	68.9 (37)	27.3 (14)	3.9 (2)
Crafts, like quilting, scrapbooking, or woodworking	69.8 (37)	22.6 (12)	7.5 (4)
Parties, like Christmas, Hanukkah or Chinese New Year celebrations	78 (41)	20.0 (11)	2.0 (1)
Games, like billiards/pool, bingo, chess, corn hole, cribbage, dominoes, and Euchre	57.2 (30)	38.9 (21)	4.0 (2)
Cultural and social outings (concert, museum exhibit, baseball game, restaurant, live theater)	43.5 (23)	46.8 (25)	9.7 (5)
Outdoor activities, like bird watching, camping, or fishing	55.4 (29)	42.7 (23)	1.9 (1)
Friendly home visits	77.4 (41)	17.0 (9)	5.7 (3)
Volunteer opportunities	39.6 (21)	46.6 (25)	13.8 (7)

Table A19. Interest in various health and wellness activities: Sugarcreek (n = 53)

	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Complementary therapies	47.7 (25)	36.6 (19)	15.7 (8)
Spa days	55.0 (29)	29.2 (15)	15.8 (8)
Fall risk screening	59.2 (31)	27.3 (14)	13.5 (7)
Health screenings	38.6 (20)	44.0 (23)	17.5 (9)
Hearing and vision screening	48.6 (26)	39.4 (21)	12.0 (6)
Home safety screening	69.8 (37)	22.3 (12)	7.9 (4)
Telephone reassurance or check-ins	82.4 (44)	11.9 (6)	5.8 (3)
Support groups	74.7 (40)	19.5 (10)	5.8 (3)

Table A20. Interest in various virtual or online activities: Sugarcreek (n = 53)

	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Virtual travel to local, national, or international attractions	65.4 (35)	30.7 (16)	4.0 (2)
Instructor-led fitness classes	64.6 (34)	30.8 (16)	4.6 (2)
Cognitive or brain training	49.0 (26)	39.2 (21)	11.9 (6)
Illness management classes	58.0 (31)	35.9 (19)	6.0 (3)
Nutrition education	51.0 (27)	39.1 (21)	9.9 (5)
Stress reduction classes	66.9 (35)	25.0 (13)	8.1 (4)
Support groups	76.0 (40)	20.1 (11)	3.9 (2)
Adult education	53.8 (29)	30.3 (16)	15.9 (8)
Creative arts classes	72.9 (39)	22.6 (12)	4.4 (2)
Concerts and performances	53.4 (28)	36.4 (19)	10.2 (5)
Crafting activities	69.2 (37)	24.1 (13)	6.7 (4)
Book club or other discussion groups	63.8 (34)	30.3 (16)	5.9 (3)

Table A21. Interest in various fitness activities: Xenia City (n = 247)			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Balance and stretching/flexibility classes	34.4 (85)	47.4 (117)	18.2 (45)
Biking club	80.1 (198)	16.8 (41)	3.2 (8)
Bowling	70.6 (174)	25.5 (63)	3.9 (10)
Calisthenics classes	74.5 (184)	19.4 (48)	6.1 (15)
Canoeing or kayaking	83.3 (206)	14.9 (37)	1.8 (5)
Community gardening	68.9 (170)	26.6 (66)	4.5 (11)
Dancing	73.5 (182)	19.2 (47)	7.3 (18)
Fitness classes	56.9 (140)	30.7 (76)	12.4 (31)
Golfing	84.9 (210)	9.4 (23)	5.7 (14)
Nature walks or hiking	46.3 (114)	43.0 (106)	10.7 (26)
Jogging or running club	90.2 (223)	6.7 (17)	3.1 (8)
Martial arts	89.6 (221)	7.7 (19)	2.7 (7)
Racket sports	71.4 (176)	24.5 (60)	4.2 (10)
Recreational team sports	88.5 (219)	8.1 (20)	3.4 (8)
Cardio workouts with machines	47.1 (116)	39.5 (98)	13.4 (33)
Strength training or weight lifting classes	62.5 (154)	30.5 (75)	6.9 (17)
Indoor or outdoor lap swimming	70.4 (174)	22.4 (55)	7.2 (18)
Walking club	46.4 (115)	42.5 (105)	11.2 (28)
Winter activities	92.6 (229)	6.3 (16)	1.1 (3)

Table A22. Interest in various civic, cultural, and social activities: Xenia City (n = 247)			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Group travel, including local, national and international destinations	47.6 (118)	36.5 (90)	15.9 (39)
Adult education, like foreign language classes, computer training, job skills training, and financial management	49.2 (122)	38.8 (96)	12.0 (30)
Fine arts, like drawing, painting, and sculpting	66.3 (164)	25.4 (63)	8.3 (20)
Book club or other discussion groups, like current events and movie/film discussion groups	69.3 (171)	25.5 (63)	5.3 (13)
Creative arts classes, like creative writing, dance or music lessons, storytelling, theater/drama, and photography	71.6 (177)	21.5 (53)	7.0 (17)
Crafts, like quilting, scrapbooking, or woodworking	56.6 (140)	33.5 (83)	10.0 (25)
Parties, like Christmas, Hanukkah or Chinese New Year celebrations	68.8 (170)	25.2 (62)	6.1 (15)
Games, like billiards/pool, bingo, chess, corn hole, cribbage, dominoes, and Euchre	53.7 (133)	36.3 (90)	10.0 (25)
Cultural and social outings (concert, museum exhibit, baseball game, restaurant, live theater)	42.1 (104)	43.4 (107)	14.5 (36)
Outdoor activities, like bird watching, camping, or fishing	60.7 (150)	32.8 (81)	6.5 (16)
Friendly home visits	69.5 (172)	26.2 (65)	4.4 (11)
Volunteer opportunities	52.8 (130)	42.6 (105)	4.6 (11)

Table A23. Interest in various health and wellness activities: Xenia City (n = 247)

	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Complementary therapies	47.8 (118)	31.7 (78)	20.5 (51)
Spa days	47.8 (118)	33.0 (81)	19.2 (48)
Fall risk screening	53.4 (132)	37.7 (93)	8.9 (22)
Health screenings	38.5 (95)	47.4 (117)	14.1 (35)
Hearing and vision screening	43.4 (107)	39.2 (97)	17.4 (43)
Home safety screening	61.1 (151)	29.4 (73)	9.5 (24)
Telephone reassurance or check-ins	69.1 (171)	26.4 (65)	4.5 (11)
Support groups	63.9 (158)	29.3 (72)	6.8 (17)

Table A24. Interest in various virtual or online activities: Xenia City (n = 247)

	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Virtual travel to local, national, or international attractions	64.9 (160)	29.1 (72)	6.0 (15)
Instructor-led fitness classes	67.9 (168)	25.9 (64)	6.3 (15)
Cognitive or brain training	55.3 (137)	34.9 (86)	9.8 (24)
Illness management classes	53.8 (133)	34.8 (86)	11.4 (28)
Nutrition education	53.0 (131)	36.4 (90)	10.6 (26)
Stress reduction classes	59.8 (148)	32.1 (79)	8.1 (20)
Support groups	66.3 (164)	27.6 (68)	6.1 (15)
Adult education	61.7 (152)	31.3 (77)	7.0 (17)
Creative arts classes	74.4 (184)	18.7 (46)	7.0 (17)
Concerts and performances	57.7 (142)	32.8 (81)	9.5 (24)
Crafting activities	65.7 (162)	24.3 (60)	10.0 (25)
Book club or other discussion groups	78.8 (195)	16.1 (40)	5.1 (13)

Table A25. Interest in various fitness activities: Xenia Twp (n = 40)			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Balance and stretching/flexibility classes	40.9 (16)	38.8 (16)	20.4 (8)
Biking club	70.0 (28)	25.0 (10)	5.0 (2)
Bowling	73.4 (29)	24.1 (10)	2.5 (1)
Calisthenics classes	61.1 (24)	31.0 (12)	7.9 (3)
Canoeing or kayaking	67.4 (27)	30.0 (12)	2.6 (1)
Community gardening	60.0 (24)	30.0 (12)	10.0 (4)
Dancing	60.0 (24)	37.5 (15)	2.5 (1)
Fitness classes	47.5 (19)	42.5 (17)	10.0 (4)
Golfing	85.0 (34)	7.5 (3)	7.5 (3)
Nature walks or hiking	29.5 (12)	60.5 (24)	10.0 (4)
Jogging or running club	90.0 (36)	10.0 (4)	0.0 (0)
Martial arts	90.0 (36)	10.0 (4)	0.0 (0)
Racket sports	77.5 (31)	22.5 (9)	0.0 (0)
Recreational team sports	80.0 (32)	20.0 (8)	0.0 (0)
Cardio workouts with machines	37.5 (15)	50.0 (20)	12.5 (5)
Strength training or weight lifting classes	57.5 (23)	32.5 (13)	10.0 (4)
Indoor or outdoor lap swimming	67.5 (27)	27.5 (11)	5.0 (2)
Walking club	44.8 (18)	47.8 (19)	7.5 (3)
Winter activities	90.0 (36)	7.5 (3)	2.5 (1)

Table A26. Interest in various civic, cultural, and social activities: Xenia Twp (n = 40)			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Group travel, including local, national and international destinations	51.9 (21)	33.5 (13)	14.6 (6)
Adult education, like foreign language classes, computer training, job skills training, and financial management	50.1 (20)	42.0 (17)	7.9 (3)
Fine arts, like drawing, painting, and sculpting	57.0 (23)	33.0 (13)	10.0 (4)
Book club or other discussion groups, like current events and movie/film discussion groups	54.8 (22)	32.8 (13)	12.5 (5)
Creative arts classes, like creative writing, dance or music lessons, storytelling, theater/drama, and photography	67.4 (27)	25.0 (10)	7.6 (3)
Crafts, like quilting, scrapbooking, or woodworking	66.9 (27)	25.6 (10)	7.5 (3)
Parties, like Christmas, Hanukkah or Chinese New Year celebrations	64.5 (26)	33.0 (13)	2.5 (1)
Games, like billiards/pool, bingo, chess, corn hole, cribbage, dominoes, and Euchre	51.8 (21)	40.6 (16)	7.6 (3)
Cultural and social outings (concert, museum exhibit, baseball game, restaurant, live theater)	45.8 (18)	36.6 (15)	17.6 (7)
Outdoor activities, like bird watching, camping, or fishing	54.1 (22)	40.9 (16)	5.0 (2)
Friendly home visits	72.1 (29)	22.8 (9)	5.1 (2)
Volunteer opportunities	44.6 (18)	42.8 (17)	12.6 (5)

Table A27. Interest in various health and wellness activities: Xenia Twp (n = 40)

	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Complementary therapies	45.8 (18)	38.5 (15)	15.8 (6)
Spa days	60.9 (24)	23.4 (9)	15.8 (6)
Fall risk screening	54.0 (22)	38.3 (15)	7.8 (3)
Health screenings	40.9 (16)	43.5 (17)	15.6 (6)
Hearing and vision screening	48.5 (19)	31.0 (12)	20.5 (8)
Home safety screening	61.8 (25)	35.6 (14)	2.6 (1)
Telephone reassurance or check-ins	79.6 (32)	17.8 (7)	2.6 (1)
Support groups	69.4 (28)	25.5 (10)	5.1 (2)

Table A28. Interest in various virtual or online activities: Xenia Twp (n = 40)

	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Virtual travel to local, national, or international attractions	69.9 (28)	27.6 (11)	2.5 (1)
Instructor-led fitness classes	74.0 (30)	20.9 (8)	5.1 (2)
Cognitive or brain training	54.4 (22)	33.1 (13)	12.5 (5)
Illness management classes	64.3 (26)	25.8 (10)	10.0 (4)
Nutrition education	61.8 (25)	33.1 (13)	5.1 (2)
Stress reduction classes	67.1 (27)	22.9 (9)	10.0 (4)
Support groups	67.4 (27)	27.6 (11)	5.0 (2)
Adult education	62.5 (25)	30.0 (12)	7.5 (3)
Creative arts classes	67.4 (27)	30.1 (12)	2.5 (1)
Concerts and performances	52.4 (21)	37.6 (15)	10.0 (4)
Crafting activities	80.0 (32)	15.0 (6)	5.0 (2)
Book club or other discussion groups	67.4 (27)	17.6 (7)	15.0 (6)

APPENDIX B: VOLUNTEER SAMPLE RESULTS

A total of 72 age-eligible Greene County residents who were not part of the random sample voluntarily completed an online or paper version of the survey. Because probability of selection could not be determined for those individuals, we analyzed their data separately. Owing to missing data, sample numbers (n) vary across items.

SAMPLE CHARACTERISTICS

Table B1. Characteristics of volunteer sample (N=72) ¹	
Characteristic	% (n)
Age group (years)	
60 to 64	13.6 (9)
65 to 69	28.8 (19)
70 to 74	22.7 (15)
75 to 79	9.1 (6)
80 + years	25.8 (17)
Education	
High school diploma or less	19.7 (12)
Some college, technical education, Associate's degree	24.6 (15)
Bachelor's degree	26.2 (16)
Master's degree or higher education	29.5 (18)
Employment status	
Retired, not looking for work	67.2 (41)
Retired, working (part- or full-time) or looking for work	6.6 (4)
Working, part- or full-time	18.0 (11)
Other ²	8.2 (5)
Ethnicity	
Hispanic, Latino, or Spanish	4.8 (3)
Not Hispanic, Latino, or Spanish	95.2 (59)
Financial status	
Level of difficulty paying monthly bills	
Not at all difficult	65.6 (40)
Not very difficult	26.2 (16)
At least somewhat difficult	8.2 (5)
Worry about money	
Not at all	41.0 (25)
A little	41.0 (25)
A moderate amount	16.4 (10)
Very much	1.6 (1)
Marital status	
Now married or living with a partner	55.7 (39)
Widowed	31.4 (22)
Divorced, separated, never married	12.9 (9)
Race	
Other	1.6 (1)
White	98.4 (61)
Sex	
Female	75.8 (50)
Male	24.2 (16)

¹Missing data ranges from 2 to 11 values across characteristics; ²Other includes those identifying as unemployed and not looking for work, unemployed and looking for work, temporarily laid off, and any other status such as "housewife".

INTERNET AND OTHER TECHNOLOGY

Table B2. Percent with cable TV, internet, and wireless internet in their home

	No, % (n)	Yes, % (n)	Not Sure, % (n)
Cable or satellite TV	27.9 (19)	70.6 (48)	1.5 (1)
Internet	9.0 (6)	91.0 (61)	0.0 (0)
Wi-Fi or wireless internet	13.9 (9)	84.6 (55)	1.5 (1)

Note: n ranges from 65 to 68 across variables.

Table B3. Frequency of internet use (n = 68)

	% (n)
Never	7.4 (5)
Up to several times a month	2.9 (2)
At least once a week	89.7 (61)

Table B4. Level of comfort using the internet (n = 59)

	% (n)
Not at all comfortable	0.0 (0)
Not very comfortable	3.4 (2)
Somewhat comfortable	22.0 (13)
Very comfortable	44.1 (26)
Extremely comfortable	30.5 (18)

Table B5. Frequency of engaging in various online activities

	Never, % (n)	Less than once a month, % (n)	Up to several times a month, % (n)	Once a week or more, % (n)
Shopping	23.5 (16)	14.7 (10)	35.3 (24)	26.5 (18)
Banking, bill paying or other financial activities	33.8 (23)	2.9 (2)	33.8 (23)	29.4 (20)
Check or update your eCalendar	51.5 (35)	4.4 (3)	2.9 (2)	41.2 (28)
Read or send email	14.9 (10)	1.5 (1)	7.5 (5)	76.1 (51)
Search for a service provider, like a doctor, roofer, or florist	20.6 (14)	22.1 (15)	38.2 (26)	19.1 (13)
Search for health or other information	19.1 (13)	17.7 (12)	48.5 (33)	14.7 (10)
Check information in an electronic medical record	27.9 (19)	26.5 (18)	39.7 (27)	5.9 (4)
Listen to radio programs, like talk radio or NPR	55.9 (38)	7.4 (5)	8.8 (6)	27.9 (19)
Read the news	35.3 (24)	5.9 (4)	8.8 (6)	50.0 (34)
Play games	39.7 (27)	13.2 (9)	7.4 (5)	39.7 (27)
Watch TV, videos, or movies	33.8 (23)	5.9 (4)	11.8 (8)	48.5 (33)
Listen to music	35.3 (24)	7.4 (5)	10.3 (7)	47.1 (32)
Attend a class, religious service, or some other group activity	41.2 (28)	10.3 (7)	10.3 (7)	38.2 (26)

Note: n ranges from 67 to 68 across items.

Table B6. Frequency of using various online services or technologies (n = 68)

	Never, % (n)	Less than once a month, % (n)	Up to several times a month, % (n)	At least once a week, % (n)
An audiobook service, like Audible	83.8 (57)	4.4 (3)	4.4 (3)	7.4 (5)
Web-conferencing or video chat apps, like Zoom, WebEx, Skype, FaceTime, or WhatsApp	42.7 (29)	20.6 (14)	17.7 (12)	19.1 (13)
Social media, like Facebook, Twitter, YouTube, Instagram, or LinkedIn	27.9 (19)	4.4 (3)	7.4 (5)	60.3 (41)

Table B7. Level of confidence using digital technologies (n = 68)

	% (n)
Not at all confident	7.4 (5)
Not very confident	19.1 (13)
Somewhat confident	38.2 (26)
Very confident	26.5 (18)
Extremely confident	8.8 (6)

Table B8. Ownership of various digital technologies			
	No % (n)	Yes % (n)	Not Sure % (n)
Computer (laptop, notebook, desktop)	10.3 (7)	88.2 (60)	1.5 (1)
Smartphone, like an iPhone, Samsung Galaxy, or Google Pixel	25.4 (17)	74.6 (50)	0.0 (0)
Smart TV	32.8 (22)	67.2 (45)	0.0 (0)
Streaming device, like an Amazon Fire stick or Roku player	54.6 (36)	42.4 (28)	3.0 (2)
Smart speaker with voice assistance, like Alexa or Google Assistant	63.6 (42)	36.4 (24)	0.0 (0)
Tablet, like an iPad or Samsung Galaxy Tab	42.4 (28)	57.6 (38)	0.0 (0)
eReader, like a Nook or Kindle	69.7 (46)	30.3 (20)	0.0 (0)
Smartwatch or other wearable device, like an Apple watch or Fitbit	75.8 (50)	24.2 (16)	0.0 (0)
Gaming consoles, like PlayStation, Xbox, or Nintendo	92.4 (61)	7.6 (5)	0.0 (0)
Smart home technologies, like smart appliances, smart lighting, or a smart security system	73.1 (49)	23.9 (16)	3.0 (2)

Note: n ranges from 66 to 68 across items.

Table B9. Factors that limit use of digital technologies			
	No % (n)	Yes % (n)	Not Sure % (n)
Cost or expense	62.1 (41)	34.9 (23)	3.0 (2)
No interest or need	57.8 (37)	31.3 (20)	10.9 (7)
Not knowing how to use digital technologies	47.8 (32)	44.8 (30)	7.5 (5)
Complexity of digital technologies	40.9 (27)	54.6 (36)	4.6 (3)
Privacy or safety concerns	43.3 (29)	49.3 (33)	7.5 (5)
A health problem	96.9 (62)	1.6 (1)	1.6 (1)
A vision problem	93.8 (60)	4.7 (3)	1.6 (1)
A hearing problem	93.8 (60)	4.7 (3)	1.6 (1)
No or limited (slow, unreliable) internet access	80.7 (50)	17.7 (11)	1.6 (1)

Note: n ranges from 62 to 67 across items.

Table B10. Interest in technology education and support if sponsored/coordinated by a local senior center, the Greene County Council on Aging, or other community organization (n = 66)			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Classes or workshops in which you learn how to use digital technology	47.0 (31)	36.4 (24)	16.7 (11)
Local technical support, like a person who would come to your home to help you set up digital technologies or a person who you could call to help you solve problems when using digital technology	50.0 (33)	27.3 (18)	22.7 (15)
A class on how to take part in virtual or online appointments with health care providers	66.7 (44)	27.3 (18)	6.1 (4)

TELEHEALTH

Table B11. Ever had a virtual or online appointment with a health care provider (n = 68)	
	% (n)
No	52.9 (36)
Yes	47.1 (32)

Table B12. Likelihood of scheduling an online appointment with a health care provider in the future (n = 66)	
	% (n)
Very unlikely	28.8 (19)
Unlikely	31.8 (21)
Likely	30.3 (20)
Very Likely	9.1 (6)

Table B13. Benefits of virtual or online appointments with a health care provider			
	No, % (n)	Yes, % (n)	Not Sure, % (n)
You don't need to travel to the health care provider's office	15.4 (10)	80.0 (52)	4.6 (3)
It limits your contact with people who may have something like a cold or the flu	18.8 (12)	78.1 (50)	3.1 (2)
It saves you time	18.8 (12)	73.4 (47)	7.8 (5)
It allows you to seek care from a health care provider who is located in another city or state	31.8 (20)	49.2 (31)	19.1 (12)
It allows family members or friends to attend the appointment with you	34.4 (22)	50.0 (32)	15.6 (10)

Note: n ranges from 63 to 65 across items.

Table B14. Factors that prevent online appointments with health care providers

	No, % (n)	Yes, % (n)	Not Sure, % (n)
You don't have a computer or other device, like a tablet or smartphone	93.8 (60)	4.7 (3)	1.6 (1)
You have limited or no internet access	90.6 (58)	9.4 (6)	0.0 (0)
You have concerns about privacy	78.1 (50)	20.3 (13)	1.6 (1)
You have concerns about the quality of care provided	35.4 (23)	55.4 (36)	9.2 (6)
You find technology difficult to use	75.8 (50)	19.7 (13)	4.6 (3)
You don't know if your health insurance will cover the visit	61.3 (38)	16.1 (10)	22.6 (14)

Note: n ranges from 62 to 66 across items.

LIVING ARRANGEMENTS

Table B15. Number of people living in current home (n = 72)

	% (n)
One	30.6 (22)
Two	62.5 (45)
Three	5.6 (4)
Four or more	1.4 (1)

Table B16. Percent of two or more-person households with specified individual(s) living in the household (n = 50)

	Yes, % (n)
Spouse or partner	54.2 (39)
One or more children	16.7 (12)
One or more grandchildren	1.4 (1)
Mother or father	1.4 (1)
Other relative or friend	2.8 (2)

HOUSING

Table B17. Importance of remaining in current home (n = 69)

	% (n)
Not at all/not very important	7.3 (5)
Somewhat important	27.5 (19)
Very important	36.2 (25)
Extremely important	29.0 (20)

Table B18. Home ownership status (n = 72)

	% (n)
Own	93.1 (67)
Rent	5.6 (4)
Other	1.4 (1)

Table B19. Type of home in which individuals currently live (n = 72)

	% (n)
Single family house	91.7 (66)
Apartment, condominium, duplex or townhouse	4.2 (3)
Other	4.2 (3)

Table B20. Number of years lived in current home (n = 72)

	% (n)
Less than 5	9.7 (7)
5 to 14	23.6 (17)
15 to 24	23.6 (17)
25 or more	43.1 (31)

Table B21. Home modifications needed in order to safely and comfortably remain in home as grow older (n = 41)

	Yes, % (n)
A ramp to replace outdoor stairs or steps	36.6 (15)
A chair/stairlift to replace indoor stairs or steps	31.7 (13)
A wider entryway or entrance into your home	7.3 (3)
Wider doorways inside your home	14.6 (6)
Handrails or grab bars in your bathroom	51.2 (21)
A higher toilet in your bathroom	34.1 (14)
A bedroom or bathroom on the first floor	17.1 (7)
Better lighting indoors or outdoors	17.1 (7)
Handrails on indoor or outdoor stairs/steps	22.0 (9)
Wider rooms and hallways to make it easier to use a walker or wheelchair	2.4 (1)

Note: 41 of 69 individuals indicated that their home needed modification.

Table B22. Extent to which cost has prevented individuals from making needed home modifications (n = 41)

	% (n)
Not at all	31.7 (13)
Very little	17.1 (7)
Some	34.2 (14)
A lot	17.1 (7)

COMMUNITY RESIDENCE AND RATING

Table B23. Length of residence in community (n = 72)

Years	% (n)
Less than 5	6.9 (5)
5 to 14	16.7 (12)
15 to 24	9.7 (7)
25 to 34	25.0 (18)
35 to 44	4.2 (3)
45 or more	37.5 (27)

Table B24. Rating of community as a place for people to live as they grow older (n = 72)

	% (n)
Poor/Fair	12.5 (9)
Good	31.9 (23)
Very good	50.0 (36)
Excellent	5.6 (4)

COMMUNITY FEATURES: IMPORTANCE & RATING**Table B25. Importance of having select amenities in community (n = 67)**

	Not at all important % (n)	Somewhat important % (n)	Important % (n)	Very important % (n)
Community amenities such as public restrooms, benches, and street lighting	3.0 (2)	23.9 (16)	34.3 (23)	38.8 (26)
Well-maintained, safe parks	1.5 (1)	6.0 (4)	43.3 (29)	49.3 (33)

Table B26. Importance of having volunteer and civic opportunities in community

	Not at all important % (n)	Somewhat important % (n)	Important % (n)	Very important % (n)
Volunteer opportunities for older people	3.0 (2)	16.4 (11)	50.8 (34)	29.9 (20)
Opportunities for older people to participate in local decision making	1.5 (1)	22.7 (15)	42.4 (28)	33.3 (22)

Note: n ranges from 66 to 67 across items.

Table B27. Rating of civic and volunteer opportunities in community					
	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
Availability of meaningful volunteer activities for older people	5.9 (4)	17.7 (12)	38.2 (26)	17.7 (12)	20.6 (14)
Ease of learning about local volunteer opportunities	11.9 (8)	23.9 (16)	34.3 (23)	6.0 (4)	23.9 (16)
Availability of transportation assistance to and from volunteer activities	14.7 (10)	20.6 (14)	11.8 (8)	4.4 (3)	48.5 (33)
Opportunities for older people to participate in local decision making, like serving on community boards, councils or committees	14.9 (10)	23.9 (16)	16.4 (11)	6.0 (4)	38.8 (26)

Note: n ranges from 67 to 68 across items.

Table B28. Importance of having education and training opportunities in community (n = 66)				
	Not at all important % (n)	Somewhat important % (n)	Important % (n)	Very important % (n)
Education and training opportunities for older people	9.1 (6)	19.7 (13)	51.5 (34)	19.7 (13)
Driver education refresher courses	7.6 (5)	34.9 (23)	40.9 (27)	16.7 (11)

Table B29. Availability of educational opportunities on select topics					
	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
Job skills retooling and retraining for older adults	22.1 (15)	13.2 (9)	14.7 (10)	1.5 (1)	48.5 (33)
Financial security during the retirement years	9.0 (6)	23.9 (16)	37.3 (25)	4.5 (3)	25.4 (17)
Health insurance options, including Medicare and Medicaid	3.0 (2)	14.9 (10)	49.3 (33)	16.4 (11)	16.4 (11)
End of life planning, like preparing a will and making your care wishes known	11.8 (8)	14.7 (10)	47.1 (32)	7.4 (5)	19.1 (13)
Caregiver resources and skills training	10.5 (7)	25.4 (17)	25.4 (17)	4.5 (3)	34.3 (23)
Safe driving, including driver education refresher courses	21.5 (14)	18.5 (12)	18.5 (12)	1.5 (1)	40.0 (26)

Note: n ranges from 65 to 68 across items.

Table B30. Availability and affordability of fitness activities in the community					
	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
Availability of fitness activities geared to older people	9.1 (6)	19.7 (13)	34.9 (23)	24.2 (16)	12.1 (8)
Affordability of fitness activities	10.5 (7)	13.4 (9)	37.3 (25)	17.9 (12)	20.9 (14)

Note: n ranges from 66 to 67 across items.

Table B31. Importance of quality health care, quality home care, and select supportive services (n = 66)				
	Not at all important % (n)	Somewhat important % (n)	Important % (n)	Very important % (n)
Quality health care	0.0 (0)	6.1 (4)	24.2 (16)	69.7 (46)
Quality home care	0.0 (0)	6.1 (4)	47.0 (31)	47.0 (31)
Adult daycare	6.1 (4)	25.8 (17)	39.4 (26)	28.8 (19)
Caregiver respite services	4.6 (3)	21.2 (14)	40.9 (27)	33.3 (22)
Resources that help community members access health and supportive services	1.5 (1)	13.6 (9)	40.9 (27)	43.9 (29)

Table B32. Rating of health care-related community features					
	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
Distance to health care facilities (hospitals, clinics)	1.5 (1)	7.4 (5)	61.8 (42)	29.4 (20)	0.0 (0)
Distance to emergency/urgent care facilities	1.5 (1)	8.8 (6)	52.9 (36)	36.8 (25)	0.0 (0)
Quality of health care in your community	4.5 (3)	10.5 (7)	50.8 (34)	31.3 (21)	3.0 (2)
Availability of health care providers, like doctors, nurses, and physical therapists	1.5 (1)	17.4 (12)	47.8 (33)	30.4 (21)	2.9 (2)

Note: n ranges from 67 to 69 across items.

Table B33. Rating of availability of supportive services in the community

	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
Home care services, like personal care and homemaking assistance	8.8 (6)	19.1 (13)	26.5 (18)	4.4 (3)	41.2 (28)
Adult daycare	21.7 (15)	15.9 (11)	14.5 (10)	1.5 (1)	46.4 (32)
Respite services for caregivers	20.6 (14)	13.2 (9)	14.7 (10)	1.5 (1)	50.0 (34)
A service that helps older people find and access health and supportive services	10.3 (7)	14.7 (10)	26.5 (18)	16.2 (11)	32.4 (22)

Note: n ranges from 68 to 69 across items.

Table B34. Importance of having health and wellness programs in the community (n = 67)

Not at all important, % (n)	Somewhat important, % (n)	Important, % (n)	Very important, % (n)
0.0 (0)	22.4 (15)	38.8 (26)	38.8 (26)

Table B35. Rating of community availability of health education on select topics

	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
Healthy eating	4.5 (3)	13.4 (9)	43.3 (29)	10.5 (7)	28.4 (19)
Quitting smoking	4.6 (3)	7.6 (5)	25.8 (17)	6.1 (4)	56.1 (37)
Managing chronic conditions, like COPD, diabetes, heart disease, or pain	6.1 (4)	18.2 (12)	37.9 (25)	7.6 (5)	30.3 (20)
Memory loss	3.0 (2)	17.9 (12)	35.8 (24)	9.0 (6)	34.3 (23)
Mental or emotional health	6.0 (4)	22.4 (15)	28.4 (19)	1.5 (1)	41.8 (28)
Stress management	5.9 (4)	19.1 (13)	23.5 (16)	4.4 (3)	47.1 (32)
Health during life transitions, like divorce, retirement, relocation, or loss of a loved one	9.0 (6)	17.9 (12)	23.9 (16)	6.0 (4)	43.3 (29)

Note: n ranges from 66 to 68 across items.

Table B36. Rating of the affordability of health education in community (n = 67)				
Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
7.5 (5)	19.4 (13)	28.4 (19)	4.5 (3)	40.3 (27)

Table B37. Importance of housing and maintenance services				
	Not at all important % (n)	Somewhat important % (n)	Important % (n)	Very important % (n)
Affordable and well-maintained housing for older people of all ability levels	2.9 (2)	10.3 (7)	38.2 (26)	48.5 (33)
Affordable and reliable home repair and maintenance services	0.0 (0)	6.0 (4)	38.8 (26)	55.2 (37)
Affordable and reliable seasonal services such as lawn work or snow removal	4.5 (3)	6.0 (4)	37.3 (25)	52.2 (35)

Note: n ranges from 67 to 68 across items.

Table B38. Ratings for housing options in community and affordability of housing for older people (n = 68)					
	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
Housing options for older people of all ability levels	10.3 (7)	30.9 (21)	35.3 (24)	5.9 (4)	17.7 (12)
Affordability of housing for older people	14.7 (10)	39.7 (27)	16.2 (11)	1.5 (1)	27.9 (19)

Table B39. Availability of home maintenance services in community			
Are there enough...	No % (n)	Yes % (n)	Not Sure % (n)
Reliable home repair and improvement professionals, like contractors, roofers, painters, and handy workers	23.5 (16)	51.5 (35)	25.0 (17)
Affordable home repair and improvement professionals	29.9 (20)	38.8 (26)	31.3 (21)
Affordable seasonal services such as lawn work or snow removal	15.2 (10)	59.1 (39)	25.8 (17)

Note: n ranges from 66 to 68 across items.

Table B40. Availability of information-related services in community			
	No % (n)	Yes % (n)	Not Sure % (n)
Free access to computers and internet in public places such as a library or community center	3.0 (2)	92.5 (62)	4.5 (3)
A service or resource where community members can learn about community activities and events	20.9 (14)	53.7 (36)	25.4 (17)
A service or resource that helps older people find and access things like home health care providers, home maintenance professionals, caregiving services, nutrition assistance, and home heating assistance.	13.2 (9)	52.9 (36)	33.8 (23)

Note: n ranges from 67 to 68 across items.

Table B41. Importance of having job opportunities for older people in the community (n = 66)			
Not at all important, % (n)	Somewhat important, % (n)	Important, % (n)	Very important, % (n)
10.6 (7)	27.3 (18)	45.5 (30)	16.7 (11)

Table B42. Ratings for job opportunities for older people in the community					
	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
The number of job opportunities for older people	17.7 (12)	19.1 (13)	19.1 (13)	1.5 (1)	42.7 (29)
Quality of job opportunities for older people	20.9 (14)	23.9 (16)	11.9 (8)	1.5 (1)	41.8 (28)
Availability of flexible jobs for older people, like jobs that allow older people to choose when and how much they want to work	19.1 (13)	23.5 (16)	8.8 (6)	1.5 (1)	47.1 (32)

Note: n ranges from 67 to 68 across items.

Table B43. Importance of affordable, convenient, and safe public parking (n = 68)

Not at all important, % (n)	Somewhat important, % (n)	Important, % (n)	Very important, % (n)
1.5 (1)	7.4 (5)	45.6 (31)	45.6 (31)

Table B44. Importance of well-maintained streets and roads, crosswalks, and sidewalks that are safe for all users

	Not at all important % (n)	Somewhat important % (n)	Important % (n)	Very important % (n)
Streets and roads	0.0 (0)	1.5 (1)	43.5 (30)	55.1 (38)
Crosswalks	2.9 (2)	4.4 (3)	41.2 (28)	51.5 (35)
Sidewalks	1.5 (1)	1.5 (1)	41.2 (28)	55.9 (38)

Note: n ranges from 68 to 69 across items.

Table B45. Ratings for ease of reading traffic signs in community (n = 69)

Very easy, % (n)	Easy, % (n)	Hard/Very hard, % (n)	Not sure, % (n)
52.2 (36)	43.5 (30)	4.4 (3)	0 (0.0)

Table B46. Frequency and mode of transportation used to get around the community

	Never, % (n)	Rarely, % (n)	Sometimes, % (n)	Often, % (n)
Walk	42.4 (28)	15.2 (10)	21.2 (14)	21.2 (14)
Drive yourself	2.9 (2)	1.5 (1)	4.4 (3)	91.2 (62)
Use public transportation such as Greene CATs	91.0 (61)	6.0 (4)	3.0 (2)	0.0 (0)
Take a cab or taxi	97.0 (65)	3.0 (2)	0.0 (0)	0.0 (0)
Use Uber or Lyft	100.0 (67)	0.0 (0)	0.0 (0)	0.0 (0)
Ride a bike	75.8 (50)	15.2 (10)	7.6 (5)	1.5 (1)
Have other people such as friends or family drive you	35.3 (24)	33.8 (23)	29.4 (20)	1.5 (1)
Use transportation services provided by a senior center	92.5 (62)	3.0 (2)	4.5 (3)	0.0 (0)

Note: n ranges from 66 to 68 across items.

Table B47. Importance of having affordable, convenient, and safe public transportation in community (n = 68)			
Not at all important, % (n)	Somewhat important, % (n)	Important, % (n)	Very important, % (n)
5.9 (4)	25.0 (17)	38.2 (26)	30.9 (21)

Table B48. Importance of social activities and information about local activities and events				
	Not at all important % (n)	Somewhat important % (n)	Important % (n)	Very important % (n)
Social activities for community members of all ages	1.5 (1)	19.4 (13)	38.8 (26)	40.3 (27)
Social activities geared toward older adults	0.0 (0)	19.7 (13)	34.9 (23)	45.5 (30)
Resources that inform community members about local activities and events	0.0 (0)	13.9 (9)	33.9 (22)	52.3 (34)

Note: n ranges from 65 to 67 across items.

Table B49. Availability, affordability, and accessibility of social activities and entertainment venues in the community					
	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)
Availability of social activities or events geared towards older people	8.8 (6)	19.1 (13)	44.1 (30)	16.2 (11)	11.8 (8)
Affordability of social activities or events geared toward older people	9.0 (6)	11.9 (8)	44.8 (30)	14.9 (10)	19.4 (13)
Accessibility of social activities or events geared toward older people	10.5 (7)	17.9 (12)	41.8 (28)	11.9 (8)	17.9 (12)
Availability of local entertainment venues, like a bowling alley, music hall, museum, or movie theater	28.4 (19)	28.4 (19)	28.4 (19)	10.5 (7)	4.5 (3)
Affordability of local entertainment venues	20.9 (14)	31.3 (21)	23.9 (16)	7.5 (5)	16.4 (11)
Accessibility of local entertainment venues	20.9 (14)	32.8 (22)	23.9 (16)	7.5 (5)	14.9 (10)
Availability of social activities involving people of all ages	10.5 (7)	23.9 (16)	50.8 (34)	6.0 (4)	9.0 (6)
Availability of social activities that are welcoming to people attending alone	14.9 (10)	13.4 (9)	37.3 (25)	4.5 (3)	29.9 (20)

Note: n ranges from 67 to 68 across items.

HEALTH STATUS

Table B50. Number of depressive symptoms (n = 63)	
	% (n)
None	44.4 (28)
One	27.0 (17)
Two	11.1 (7)
Three	6.4 (4)
Four or more	11.1 (7)

Table B51. Number of functional limitations (n = 57)	
	% (n)
None	31.6 (18)
One	17.5 (10)
Two	14.0 (8)
Three	10.5 (6)
Four or more	26.3 (15)

Note: Functional limitations include difficulty walking several blocks; walking one block; sitting for about two hours; getting up from a chair after sitting for long periods; climbing several flights of stairs without resting; climbing one flight of stairs without resting; stooping, kneeling, or crouching; reaching or extending your arms above shoulder level; pulling or pushing large objects like a living room chair; lifting or carrying weights over 10 pounds, like a heavy bag of groceries; and picking up a dime from a table.

Table B52. Self-rated hearing and eyesight (n = 67)					
	Poor, % (n)	Fair, % (n)	Good, % (n)	Very Good, % (n)	Excellent, % (n)
Hearing	3.0 (2)	14.9 (10)	31.3 (21)	38.8 (26)	11.9 (8)
Eyesight	1.5 (1)	6.0 (4)	43.3 (29)	40.3 (27)	9.0 (6)

Table B53. Self-rated quality of life and health (n = 67)					
	Poor, % (n)	Fair, % (n)	Good, % (n)	Very Good, % (n)	Excellent, % (n)
Quality of life	0.0 (0)	7.5 (5)	32.8 (22)	40.3 (27)	19.4 (13)
Health	0.0 (0)	11.9 (8)	38.8 (26)	40.3 (27)	9.0 (6)

Table B54. Frequency of engagement in various activities before COVID-19 required physical distancing				
	Never % (n)	Less than once a month % (n)	One to several times a month % (n)	Once a week or more % (n)
Visit with family members who do not live with you	0.0 (0)	20.0 (13)	40.0 (26)	40.0 (26)
Visit with friends who do not live with you	4.7 (3)	10.9 (7)	45.3 (29)	39.1 (25)
Care for a sick or disabled adult	66.2 (43)	9.2 (6)	12.3 (8)	12.3 (8)
Do activities with grandchildren, nieces/nephews, or neighborhood children	12.3 (8)	26.2 (17)	33.9 (22)	27.7 (18)
Do volunteer work with children or young people	68.2 (45)	15.2 (10)	9.1 (6)	7.6 (5)
Do any other volunteer or charity work	32.3 (21)	9.2 (6)	35.4 (23)	23.1 (15)
Attend an educational or training course	54.6 (36)	25.8 (17)	15.2 (10)	4.6 (3)
Go to a sport, social, or other club	47.0 (31)	15.2 (10)	22.7 (15)	15.2 (10)
Attend meetings of non-religious organizations	59.1 (39)	12.1 (8)	15.2 (10)	13.6 (9)
Attend religious services or meetings outside your home	22.7 (15)	12.1 (8)	13.6 (9)	51.5 (34)
Play sports or exercise	36.9 (24)	6.2 (4)	18.5 (12)	38.5 (25)
Walk for 20 minutes or more	15.2 (10)	12.1 (8)	16.7 (11)	56.1 (37)
Participate in a local community arts group	78.8 (52)	10.6 (7)	1.5 (1)	9.1 (6)

Note: n ranges from 64 to 66 across items.

Table B55. Level of engagement in select fitness activities

	Never % (n)	Rarely % (n)	Sometimes % (n)	Often % (n)
Balance and stretching classes	17.5 (11)	15.9 (10)	33.3 (21)	33.3 (21)
Biking, outdoors	64.1 (41)	17.2 (11)	10.9 (7)	7.8 (5)
Bowling	82.8 (53)	12.5 (8)	0.0 (0)	4.7 (3)
Calisthenics	73.4 (47)	4.7 (3)	14.1 (9)	7.8 (5)
Canoeing or kayaking	90.6 (58)	7.8 (5)	1.6 (1)	0.0 (0)
Dancing	76.6 (49)	12.5 (8)	7.8 (5)	3.1 (2)
Fitness classes	71.4 (45)	7.9 (5)	11.1 (7)	9.5 (6)
Gardening	31.3 (20)	6.3 (4)	25.0 (16)	37.5 (24)
Golfing	93.8 (60)	3.1 (2)	0.0 (0)	3.1 (2)
Hiking	57.8 (37)	12.5 (8)	17.2 (11)	12.5 (8)
Jogging or running	95.3 (61)	3.1 (2)	1.6 (1)	0.0 (0)
Martial arts	93.8 (60)	3.1 (2)	3.1 (2)	0.0 (0)
Racket sports	85.9 (55)	6.3 (4)	3.1 (2)	4.7 (3)
Recreational team sports	93.8 (60)	6.3 (4)	0.0 (0)	0.0 (0)
Cardio workouts with machines	59.4 (38)	14.1 (9)	15.6 (10)	10.9 (7)
Strength training or weight lifting	59.4 (38)	14.1 (9)	18.8 (12)	7.8 (5)
Swimming for exercise	76.6 (49)	10.9 (7)	10.9 (7)	1.6 (1)
Walking for exercise	15.4 (10)	12.3 (8)	35.4 (23)	36.9 (24)
Winter activities	95.3 (61)	4.7 (3)	0.0 (0)	0.0 (0)

Note: n ranges from 63 to 65 across items.

POTENTIAL SOCIAL SUPPORT

Table B56. Percent of volunteer sample with various relatives living within 10 miles (n = 71)

	% (n)
Parent	5.6 (4)
Son or daughter	59.2 (42)
Grandchild	47.9 (34)
Brother or sister	32.4 (23)
Aunt or uncle	5.6 (4)
Niece or nephew	25.4 (18)
Other	5.6 (4)

Note: Excludes relatives residing in the respondent's household.

Table B57. Perceived availability of support (n = 65)

	Not at all % (n)	A little % (n)	Some % (n)	A great deal % (n)
If you were sick in bed, how much could you count on the people around you to help out?	6.2 (4)	7.7 (5)	32.3 (21)	53.9 (35)
If you needed to talk about your problems and private feelings, how much would the people around you be willing to listen?	3.1 (2)	12.3 (8)	32.3 (21)	52.3 (34)
If you needed to know where to go to get help with a problem, how much would the people around you be willing to help?	0.0 (0)	12.3 (8)	29.2 (19)	58.5 (38)

EXPERIENCE OF GROWING OLDER

Table B58. Percent of volunteer sample agreeing or disagreeing with each statement about the experience of growing older				
	Strongly agree % (n)	Agree % (n)	Disagree % (n)	Strongly disagree % (n)
I am as happy or happier than I was when I was younger	20.0 (13)	60.0 (39)	16.9 (11)	3.1 (2)
As I get older, things are better than I thought they would be	14.1 (9)	51.6 (33)	32.8 (21)	1.6 (1)
So far, I am satisfied with the way that I am aging	16.7 (11)	65.2 (43)	18.2 (12)	0.0 (0)
The older I get, the more I have had to stop doing things I liked	10.6 (7)	50.0 (33)	28.8 (19)	10.6 (7)

Note: n ranges from 64 to 66 across items.

SENIOR CENTER PARTICIPATION

Table B59. Number of respondents indicating that they had ever participated in activities or programs offered by various Greene County senior centers (n = 68)	
Center	n
Any of centers	48
Beavercreek Senior Center	22
Bellbrook Senior Center	7
Bowersville Senior Center	7
Cedarville Senior Center	5
Clifton Senior Center	7
Fairborn Senior Center	6
Jamestown Senior Center	17
Spring Valley Senior Center	9
Xenia Adult Recreation and Services Center	31
Yellow Springs Senior Center	5

Note: Respondents could select as many centers as applied.

Table B60. Percent of the volunteer sample that is likely or very likely to participate in Greene County senior center programs and services in the future

	Likely or Very Likely, %(n)
Programs and services offered at a senior center in Greene County	83.1 (54)
Online programs and services	36.4 (24)

Note: n ranges from 65 to 66 across items.

SENIOR CENTER ACTIVITIES

Table B61. Importance of offering senior center activities and programs that bring people of all ages together (n = 67)

Not at all important, % (n)	Somewhat important, % (n)	Important, % (n)	Very important, % (n)
3.0 (2)	19.4 (13)	38.8 (26)	38.8 (26)

Table B62. Interest in various fitness activities if sponsored/coordinated by a local senior center, the Greene County Council on Aging, or other community organization

	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Balance and stretching/flexibility classes	28.4 (19)	43.3 (29)	28.4 (19)
Biking club	72.3 (47)	21.5 (14)	6.2 (4)
Bowling	60.6 (40)	33.3 (22)	6.1 (4)
Calisthenics classes	78.8 (52)	15.2 (10)	6.1 (4)
Canoeing or kayaking	77.3 (51)	18.2 (12)	4.6 (3)
Community gardening	65.7 (44)	23.9 (16)	10.5 (7)
Dancing	69.1 (47)	14.7 (10)	16.2 (11)
Fitness classes	50.8 (34)	29.9 (20)	19.4 (13)
Golfing	86.4 (57)	10.6 (7)	3.0 (2)
Nature walks or hiking	34.3 (23)	43.3 (29)	22.4 (15)
Jogging or running club	92.4 (61)	7.6 (5)	0.0 (0)
Martial arts	79.1 (53)	14.9 (10)	6.0 (4)
Racket sports	68.7 (46)	20.9 (14)	10.5 (7)
Recreational team sports	87.9 (58)	9.1 (6)	3.0 (2)
Cardio workouts with machines	46.3 (31)	35.8 (24)	17.9 (12)
Strength training or weight lifting classes	56.7 (38)	29.9 (20)	13.4 (9)
Indoor or outdoor lap swimming	59.7 (40)	26.9 (18)	13.4 (9)
Walking club	40.3 (27)	40.3 (27)	19.4 (13)
Winter activities	88.1 (59)	10.5 (7)	1.5 (1)

Note: n ranges from 65 to 68 across items.

Table B63. Interest in various civic, cultural, and social activities if sponsored/coordinated by a local senior center, the Greene County Council on Aging, or other community organization			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Group travel, including local, national and international destinations	26.9 (18)	43.3 (29)	29.9 (20)
Adult education, like foreign language classes, computer training, job skills training, and financial management	52.2 (35)	28.4 (19)	19.4 (13)
Fine arts, like drawing, painting, and sculpting	55.2 (37)	28.4 (19)	16.4 (11)
Book club or other discussion groups, like current events and movie/film discussion groups	49.3 (33)	37.3 (25)	13.4 (9)
Creative arts classes, like creative writing, dance or music lessons, storytelling, theater/drama, and photography	65.7 (44)	19.4 (13)	14.9 (10)
Crafts, like quilting, scrapbooking, or woodworking	51.5 (34)	28.8 (19)	19.7 (13)
Parties, like Christmas, Hanukkah or Chinese New Year celebrations	47.8 (32)	32.8 (22)	19.4 (13)
Games, like billiards/pool, bingo, chess, corn hole, cribbage, dominoes, and Euchre	30.9 (21)	38.2 (26)	30.9 (21)
Cultural and social outings (concert, museum exhibit, baseball game, restaurant, live theater)	23.9 (16)	43.3 (29)	32.8 (22)
Outdoor activities, like bird watching, camping, or fishing	50.8 (34)	38.8 (26)	10.5 (7)
Friendly home visits	56.7 (38)	37.3 (25)	6.0 (4)
Volunteer opportunities	25.4 (17)	61.2 (41)	13.4 (9)

Note: n ranges from 66 to 68 across items.

Table B64. Interest in various health and wellness activities if sponsored/coordinated by a local senior center, the Greene County Council on Aging, or other community organization			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Complementary therapies	36.9 (24)	29.2 (19)	33.9 (22)
Spa days	39.4 (26)	30.3 (20)	30.3 (20)
Fall risk screening	47.0 (31)	33.3 (22)	19.7 (13)
Health screenings	31.8 (21)	39.4 (26)	28.8 (19)
Hearing and vision screening	37.9 (25)	33.3 (22)	28.8 (19)
Home safety screening	48.5 (32)	31.8 (21)	19.7 (13)
Telephone reassurance or check-ins	56.1 (37)	30.3 (20)	13.6 (9)
Support groups	53.0 (35)	33.3 (22)	13.6 (9)

Note: n ranges from 65 to 66 across items.

Table B65. Interest in various virtual or online activities if sponsored/coordinated by a local senior center, the Greene County Council on Aging, or other community organization			
	No interest, % (n)	Some interest, % (n)	A great deal of interest, % (n)
Virtual travel to local, national, or international attractions	62.7 (42)	29.9 (20)	7.5 (5)
Instructor-led fitness classes	70.2 (47)	20.9 (14)	9.0 (6)
Cognitive or brain training	48.5 (32)	43.9 (29)	7.6 (5)
Illness management classes	60.6 (40)	28.8 (19)	10.6 (7)
Nutrition education	53.7 (36)	31.3 (21)	14.9 (10)
Stress reduction classes	62.7 (42)	28.4 (19)	9.0 (6)
Support groups	62.1 (41)	28.8 (19)	9.1 (6)
Adult education	65.7 (44)	16.4 (11)	17.9 (12)
Creative arts classes	76.1 (51)	14.9 (10)	9.0 (6)
Concerts and performances	56.7 (38)	26.9 (18)	16.4 (11)
Crafting activities	62.7 (42)	23.9 (16)	13.4 (9)
Book club or other discussion groups	64.2 (43)	25.4 (17)	10.5 (7)

Note: n ranges from 66 to 67 across items.

SENIOR CENTER TRANSPORTATION

Table B66. Ratings for senior center transportation services (n = 27)						
	Poor % (n)	Fair % (n)	Good % (n)	Excellent % (n)	Not Sure % (n)	Not Applicable % (n)
Affordability	0.0 (0)	0.0 (0)	44.4 (12)	22.2 (6)	11.1 (3)	22.2 (6)
Reliability	3.7 (1)	3.7 (1)	33.3 (9)	29.6 (8)	7.4 (2)	22.2 (6)
Frequency of service	14.8 (4)	14.8 (4)	18.5 (5)	3.7 (1)	25.9 (7)	22.2 (6)
Service area	0.0 (0)	11.1 (3)	33.3 (9)	25.9 (7)	18.5 (5)	11.1 (3)
Safety	0.0 (0)	3.7 (1)	37.0 (10)	40.7 (11)	3.7 (1)	14.8 (4)
Quality of drivers	0.0 (0)	0.0 (0)	33.3 (9)	37.0 (10)	7.4 (2)	22.2 (6)
Ease of use	3.7 (1)	3.7 (1)	37.0 (10)	33.3 (9)	11.1 (3)	11.1 (3)
Availability of information on senior center transportation services	11.1 (3)	11.1 (3)	33.3 (9)	25.9 (7)	14.8 (4)	3.7 (1)

Note: Question not applicable for 39 individuals; items missing for 6 individuals.

APPENDIX C: REVISIONS TO REPORT

In January 2023, several minor changes were made to the text and tables. Changes are noted in Table C1.

Table C1. January 2023 Revisions		
Page(s)	Location on Page	Change Made
4	Under Survey Administration, second sentence	“all respondents” changed to “all sampled individuals”
6	Footnote 1	Extra space removed before 2020
7, 77	Tables 1 & B1	“S” in “Financial Status” row heading changed to lowercase “s”
20	Figure 12	Note added indicating that data apply only to those needing home modifications
26, 30, 90, 92-95, 101	Tables 13, 17, B31, B37, B41, B44, B47, B48 & B61	“I” in “Very Important” column heading changed to lowercase “i”
28	Under Health Education, fourth bullet point	“most of sample population” changed to “most of the sample population”
50	Civic, Cultural, and Social Activities	Comma after “volunteer opportunities” changed to semi-colon
51, 56, 59, 62, 65, 68, 71, 74, 103	Tables 29, A2, A6, A10, A14, A18, A22, A26 & B63	“I” in “A great deal of Interest” column heading changed to lowercase “i”
80	Table B7	In table title, “N =” changed to “n =”