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Student Success Librarian for Campus Engagement, Miami University Libraries



Miami University

The one in Ohio, not Florida 🙂



Poll Everywhere

Which Miami was founded first?

IN THE 19th CENTURY
THIS UNIVERSITY
IN OXFORD, OHIO
WAS DUBBED THE
"YALE OF THE WEST"

Miami university



Outline

Rationale

Initiative

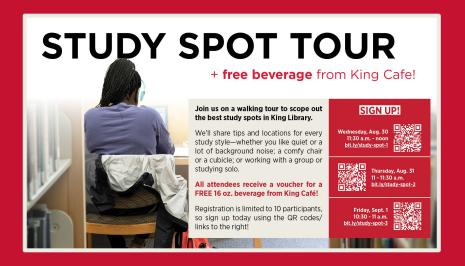
Assessment

Implications



Study Spot Tours

2021-2023



RATIONALE



Needs and Considerations



THE CHRONICLE OF HIGHER EDUCATION

Trauma and Social Anxiety Are Growing Mental-Health Concerns for College Students

By Kate Marijolovic | JANUARY 25, 2023

n a ri a d



Impact of social support on college s due to COVID-19 isolation: Mediatin perceived risk and resilience in the p

Journal of Psychopathology and Behavioral Assessment (2022) 44:1021-1028 https://doi.org/10.1007/s10862-022-09990-8



Changes in Internalizing Symptoms and Anxiety Sensitivity Among College Students During the COVID-19 Pandemic

The national mental health crisis

Alison C. McLeish^{1,2} · Kandi L. Walker^{2,3} · Joy L. Hart^{2,3}

Accepted: 12 July 2022 / Published online: 27 July 2022 © The Author(s), under exclusive licence to Springer Science+Business Media, LLC, part of Springer Nature 2022.

HEALTH EDUCATION MONOGRAPH SERIES

Impact of COVID-19 Pandemic on the Social and **Emotional Dimensions of Wellness of College** Students

Laher Oberoi, Allie Malizia, and Jacqueline Lanier, DrPH, MCHES Illinois State University

of anxiety and depression, particularly toms in this population have changed examination of potential changes in cross-sectional study was to examine ial anxiety, and anxiety sensitivity in Results indicated that there were sig-020 to Fall 2020 that were maintained er in Spring 2021 compared to Spring nic on college students have continued ehensive plans to adequately address

e, Perceived Risk of C -Rating Anxiety Scale tics, New York, United

Abstract

The COVID-19 pandemic

Psychologists must act now to help people who need it and prevent a much more v physically, and mentally due to the policies placed to ensure the health and safety of the public. The purpose of this study was to evaluate how the COVID-19 pandemic has affected college students' well-being with a specific focus on the social and emotional dimensions of wellness. It was found that social and emotional health were strongly impacted by the pandemic including

ort was discovered to

OVID-19 risk and resil increased anxiety depression, and decreased connectedness with neers instructors family and SOCIAL SUPPORT AND AN

Mental Health at Miami

- From 2021-2022, total number of clinical services provided increased by 17%
- According to the annual Student Health Survey (2022), feelings of anxiety and depression and rates of suicidal thoughts increased compared to previous year
- Data showed growing number of students with those feelings who chose not to utilize campus resources, indicating students' mental health difficulties may be more pronounced than we know

Source: Mental Health Report

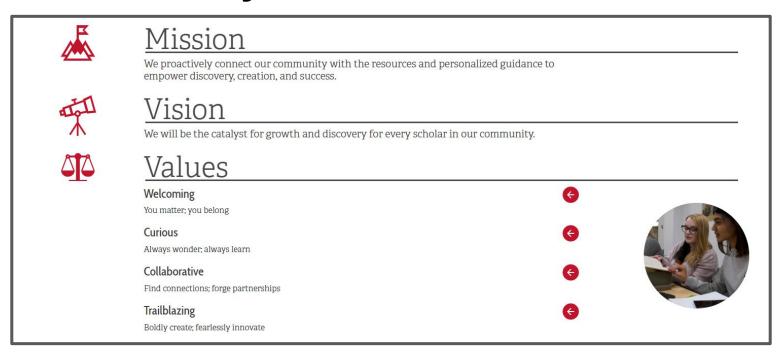


"State of the Student" at Miami

- Increased anxiety → avoidance → participation in co-curricular activities ↓
- Isolation → struggling with basic social skills (intros, small talk)
- Socially risk-averse generation (conduct cases down)
- Miami Engagement Survey:
 - "Convenience is king" for our students
 - Our students used to individualized experiences
- "Simple" and low-risk programming shown to be more successful
- Invert the model when it comes to engagement activities; offer "pod" events of 6-12 students instead of "mega" events



Miami University Libraries





our values

welcoming

you matter you belong

We purposefully create a human connection with our entire scholarly community.

We

are approachable and friendly

create inviting and accessible environments

design inclusive systems

show empathy and actively listen

curious

always wonder always learn

We passionately and humbly seek knowledge and understanding.

We

question our own assumptions

listen to understand

empower inquiry and discovery

cultivate an atmosphere of wonder

collaborative

find connections forge partnerships

We reach across boundaries because we recognize the power of working together.

We

focus on results and embrace the expertise and assistance of others

seek knowledge even if it challenges our biases

mediate among disciplines

create space for others to share their perspectives

trailblazing

boldly create fearlessly innovate

We exceed the needs of the present and rise to the challenges of the future.

We

encourage creative solutions

adapt to new realities

take smart risks and learn from every failure

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King Library Crowd Index



Estimated 15 - 20% (Read more)



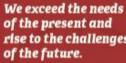












trailblazing

fearlessly innovate

boldly create



INITIATIVE









2021 2022 2023



Sophomore Success Series: Study Spot Tour

By University Libraries

Friday, August 27, 2021 11am to 11:30am







2021



Join us for a tour of the best study spots in King Library

Wednesday, Aug. 24

10-10:30 a.m.

and

Wednesday, Aug. 31 11-11:30 a.m.

Register bit.ly/StudySpotAug24 bit.ly/StudySpotAug31



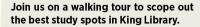


2022



STUDY SPOT TOUR

+ free beverage from King Cafe!



We'll share tips and locations for every study style—whether you like quiet or a lot of background noise; a comfy chair or a cubicle; or working with a group or studying solo.

All attendees receive a voucher for a FREE 16 oz. beverage from King Café!

Registration is limited to 10 participants, so sign up today using the QR codes/links to the right!

SIGN UP!

Wednesday, Aug. 30 11:30 a.m. - noon bit.ly/study-spot-1





Thursday, Aug. 31 11 - 11:30 a.m. bit.ly/study-spot-2

Friday, Sept. 1 10:30 - 11 a.m. bit.ly/study-spot-3



2023





Thank You for Attending Library Study Spot Tours!

Thank you for joining us for today's tour! I hope you enjoyed meeting other first-year students as you learned to navigate King Library's study spaces, and that you took some time to relax with a free beverage from King Café following our tour.

I encourage you to reach out to those included on this email should you wish to connect with other study buddies, form a study group, or otherwise follow up on a connection made at this event.

I'd be so grateful if you could take some time to complete the survey linked below. Have a wonderful weekend!

Survey

Study Spot Tours

- Seek to decrease stress and anxiety
 - Low-risk
 - Informal vs. traditional





Study Spot Tours

- Student-centered approach
 - Customized
 - Address hidden curriculum
 - Supportive of basic needs
 - Build connection





ASSESSMENT



Assessment: Attendance

Fall '21 Tours2 guests at 1 event

Fall '22 Tours
13 guests across 2 events

Fall '23 Tours
19 guests across 3 events

Assessment: Attendance

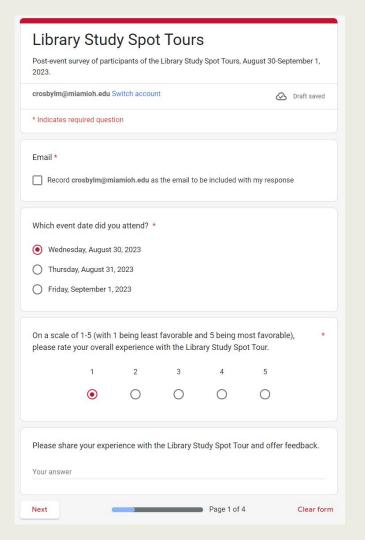
Sophomore Students 2

First Year Students

First Generation Students 5

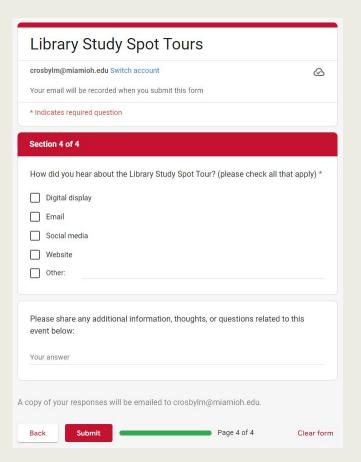
International Students

Non-Resident Domestic Students



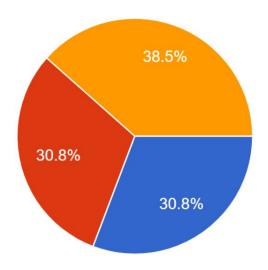
Section 2 of 4						
On a scale of 1-5, based on your experience with the Library Study Spot Tour, please rate the following statements:						
The Libraries are appro	oachable	and frie	endly. *			
	1	2	3	4	5	
Strongly Disagree	0	0	0	0	0	Strongly Agree
The Libraries offer an	inviting a	nd acce	ssible e	nvironm	ent. *	
	1	2	3	4	5	
Strongly Disagree	0	0	0	0	0	Strongly Agree
The Libraries offer inner	ovative s	olutions	for the	needs o	f current	students. *
	1	2	3	4	5	
Strongly Disagree	0	0	0	0	0	Strongly Agree
The Libraries are think	ing ahea	d to ada	pt to the	needs	of future	students.*
	1	2	3	4	5	
Strongly Disagree	0	0	0	0	0	Strongly Agree
Back Next	Page 2 of 4				Clear form	

Section 3 of 4
Were you able to connect with one or more of your peers due to your participation \ast in the Library Study Spot Tour?
○ Yes
O No
Other:
Please share any additional information related to connecting with peers at this event:
Your answer
Did the Library Study Spot Tour connect you with one or more resources to empower your success?
○ Yes
○ No
Other:
Please share any additional information related to connecting to resources at this event: Your answer
Back Next Page 3 of 4 Clear form



Which event date did you attend?

13 responses



- Wednesday, August 30, 2023
- Thursday, August 31, 2023
- Friday, September 1, 2023



"I thought the tour was very good. Not too short nor too long and had a good atmosphere."

"I had a very informative experience with the study spot tour. It was very helpful learning how to reserve a study room and how loud each study room would be."

"Don't change a thing, this tour was very informing and welcoming."

"Laura was so helpful and knowledgeable! I haven't been to the library here very many times so it was especially nice to see some study spots I may not have found otherwise. I also loved getting to see that there is an Honors exclusive room. I had no idea that was there!"

"I thought that it was very informative and personal"



"I loved the tour and Miss Laura is awesome!!"

"My guide, Laura, was very helpful and positive when giving the tour. I was able to meet and connect with someone else who was on the tour who is now my friend!"

"It was really informational! I loved it"

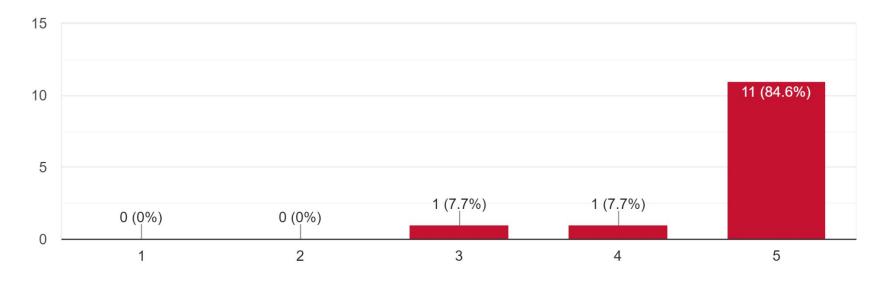
"I loved the tour! I think what made it great was how the tour guide made it more conversational rather than just going by a script. She shared her personal experience studying at the library, which really helped too!"

"I like how I was shown the spots to study and how some places are more quieter than others."

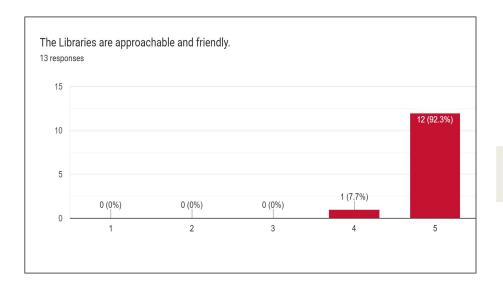


On a scale of 1-5 (with 1 being least favorable and 5 being most favorable), please rate your overall experience with the Library Study Spot Tour.

13 responses







welcoming

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We

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show empathy and actively listen



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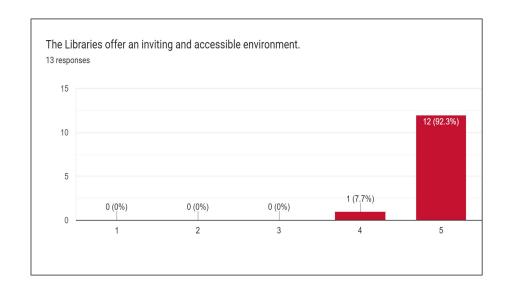
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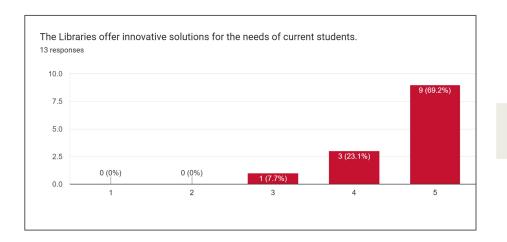
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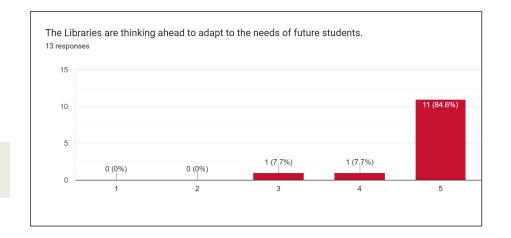
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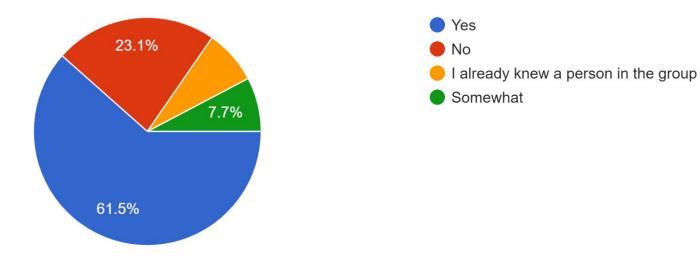
create new opportunities





Were you able to connect with one or more of your peers due to your participation in the Library Study Spot Tour?

13 responses





"I was able to connect based on similar interests that were brought up in conversation while on the tour."

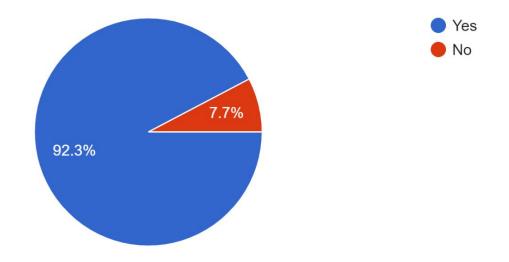
"There were less people attending and we just interacted a little."

"I liked that it was a small group of students."



Did the Library Study Spot Tour connect you with one or more resources to empower your success?

13 responses





"There is a **grab and go market** on the ground floor."

"The tour did show us **how to reserve a study spot**, as well as **how to find books** through the tablets around the 2nd floor."

"The quiet space that I need."



Assessment: SWOT

Strengths - incentive, marketing, content, structure

Weaknesses - facilities, diverse student engagement

Opportunities - expanded programming or partnerships, improve and continue survey

Threats - budget, dining services vendor

IMPLICATIONS



Big Questions

- What student-centered practices can we implement or improve in our initiatives?
- How can we shift already existing large-scale events so they "feel" smaller?
- How might we proactively alleviate students' anxiety around our programming?
- What low-risk, small-scale and/or "simple" initiatives can we pilot?
- How should we (re)design programming to foster connection?





Please remember to submit your evaluation on Guidebook!



